

# The Almanian

Alma College's  
Weekly  
Student Newspaper  
Since 1909

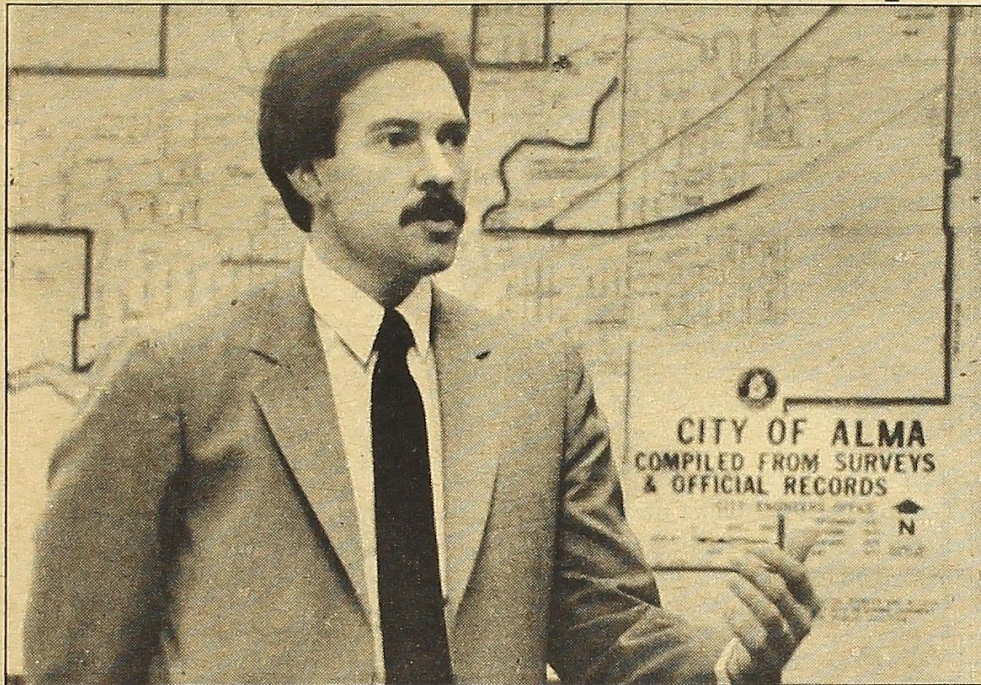
Tuesday, February 21, 1984

Alma College, Alma, Michigan 48801

Volume LXXIV Issue 16

**Richard Westgate named to position**

## New police chief hopes to meet with students



Police Chief Richard Westgate speaks to area media.

By Kurt Martin-Sakai  
Staff Writer

The city's new police chief told a press conference last week that he plans to meet with Alma College students this spring.

"Alma College is in the community. It isn't a town-and-gown situation," said Richard Westgate, a Lansing police officer who was hired to replace Marvin Killingsworth. Killingsworth retired in December.

"I feel that there is a good working relationship between the town and the college," he added. "I hope to continue that."

Westgate, 37, said that the college was a "plus" in Alma's favor when he and family were visiting before his hiring. He and his wife, Susan, plan to settle in the Alma area with their two daughters, Melissa and Tammy.

Westgate has more than 14 years of law enforcement experience, including work as Lansing's police-school liaison officer and most recently, 18 months with the Special Efforts Division, a plainclothes force used in unusual situations.

Last October he was involved with the unit's work on "The Cedar Street Incidents," a series of wild student parties and brawls on that street in East Lansing, near Michigan State University.

He received his bachelor of science degree in criminal investigation from MSU as well as a master's degree in education.

According to City Manager Blaine Hinds, Westgate was chosen after a series of examinations which included ratings of one to five on 10 characteristics. Westgate had the highest overall score of the applicants as well as three fives, the only ones given.

## Council Day plans fail

By Richard Rodgers  
Staff Writer

The morning of Saturday, Feb. 11 was scheduled for high school students to visit Alma for a Student Council Day, but several problems arose and only one student attended the event, said Tony Trupiano, council president.

*"I needed more people to make this kind of idea work, and I just didn't have them."*

—Tony Trupiano

Student Council Day was planned to give students a chance to see the school and hear from Council members what life at Alma involved.

Trupiano said that the main reason for the day's failure was a lack of student participation, mainly of Student Council members. "I received about 165 names of high school students or possible transfer students from council members on forms, and I asked for volunteers to help me type letters and mail them to those students," Trupiano explained.

The response to his request was minimal and only one student actually came to help, he said.

"I had to do most of the work myself, which makes things go pretty slow," Trupiano continued. "I had plenty to do between composing letters, coordinating the schedule for the day, finding speakers and forming a student panel."

As a result, the letters to the students didn't go out until 17 days before the event, and that was with the help of two

council executive members, Trupiano said.

"Out of 165 letters we sent out, I received 10 replies, and most of those said they couldn't come but still wanted us to send them information on the school," Trupiano said.

He explained that the college's Admissions Office encouraged him to still hold the event because students might show up without sending a reply first.

One girl and her mother came to campus.

"I was hoping it would go over well, that we could do something to help pump a little new blood into Alma's system," Trupiano said. "I needed more people to make this kind of idea work, and I just didn't have them."

He concluded that even though this event was a failure, he hopes that future councils will make similar efforts on the school's behalf.

## Auction raises almost \$2,000

Provost Ronald O. Kapp went as far as selling the suit jacket off his back to help raise money for the Jerry G. Smith Africa Fellowship Program at the Sigma Beta Faculty Auction in Hamilton Commons Saturday night.

Sigma Beta President Dave Sherwood bought the jacket with a five dollar bid.

The auction raised \$1,820 for the program, including \$150 in donations, according to Sherwood.

Members of the International Student Association assisted the Sigma Betas in setting up the auction.

A quilt made by Ann Hall brought out the largest bid of the evening. DuWayne Dalen paid \$70 for the quilt.

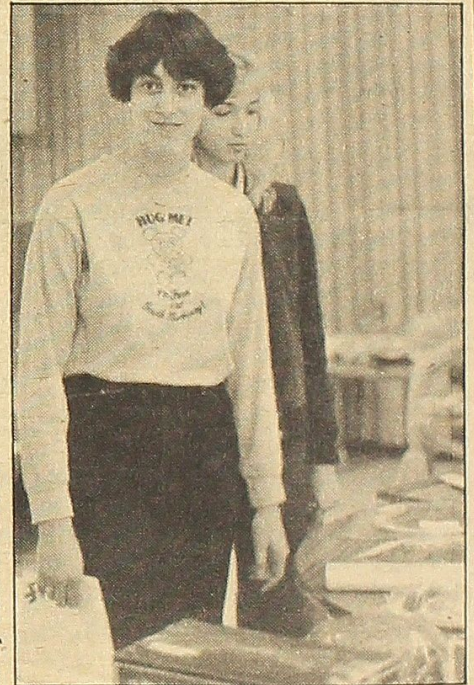


Photo by Dave Sherwood

ISA members Laura Bates and Sonya Beardslee.

## Avison explains 'not for resale' books

By Larry Baker  
Staff Writer

Because of concern over selling used books that are labelled complimentary copies, Chris Avison, Scot Shop manager, explained to Student Council the way used books are bought by the bookstore.

Avison informed the Council that up to one-third of the books for some classes are complimentary copies. These books are bought from wholesalers who

buy from independent book buyers.

These buyers, Avison explained, buy many of their books from faculty members who receive free copies directly from book publishers. These copies are stamped "not for resale."

The reason that these books are so stamped, Avison said, is that "every book that is sold used is money out of the publisher's pocket. It is not illegal to sell these on the open market."

Avison said that although selling these books may be on shaky ethical grounds, the practice eventually saves

students' money.

"I am willing not to sell complimentary books, but there is a good chance I would have to replace these with new books, and someone would have to pay more for the exact same book," Avison explained.

He said it becomes the issue of ethics versus the skyrocketing cost of new books, and he feels the students' best interests are served with the present system.

Tomorrow night's meeting will be at 7:30 in A.C. 113.



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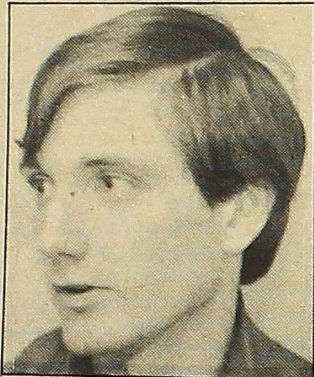
# News

## Campus Comment

By Kay Hilber  
Staff Writer

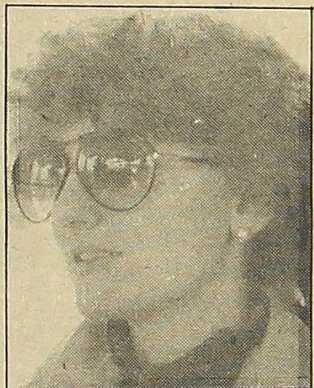
Q. Do you feel that the faculty is involved enough in activities outside the classroom?  
Photos by Mark Gadzinski

A. Ken LeMaster — "I'm under the impression that they're as involved as they can be under the circumstances that exist right now."



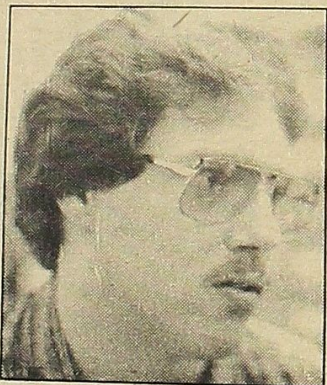
A. Mark Regensburger — "I don't really feel that they should be so obligated. The students aren't obligated to be involved in things outside the classroom so the faculty should be optional in a similar way. I think that making it an obligation is just going to make them resentful."

A. Lorraine Miller — "Many of the faculty are very involved with their students and their classes. I don't think you can limit involvement to social activities. To say that professors aren't involved because they don't go to social functions fails to look at what they're here for and what we're here for. They're here as professors and they put a lot of time into that."



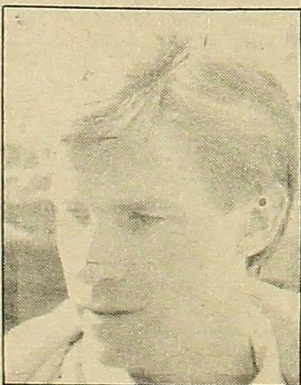
A. Elizabeth Black — "I think there's a lack of involvement in student sponsored things, things sponsored by organizations which the faculty have not shown up at. As far as the art department goes, they're very involved in it, (but overall) it's kind of mediocre."

A. Jim Crawley — "They could do a lot more with the students, make themselves known and talk to the students more. (They should) come to activities such as sports events and lectures and get together with the students more often."



A. Tom Miller — "No, I don't think they're really active outside of the classroom, but I think that they attempt to get students to go to things. I think they're well informed, and they inform the students about outside programs, but I don't think that they attend them as much as they should."

A. Doug Koppenhofer — "I don't think they should be required to take part in these outside activities. What they do is extra, and I think they're doing a pretty good job."



## Proposed Reagan budget includes small student aid cut

WASHINGTON, D.C. (CPS) — The Reagan administration last week unveiled what it hailed as the largest federal education budget in U.S. history, but which in fact amounts to a small cut in student financial aid.

With the new proposal, the administration asks Congress to appropriate some \$6.5 billion for student aid, but to change the rules for distributing it.

College lobbyists in Washington estimate the rules changes could translate into a loss of more than a million

Last year, Congress added about \$450 million to the administration's proposed college budget. Now the president wants to cut "just about what Congress added last year," Saunders said.

But to Education Secretary Terrel Bell, who announced the budget in two briefings on Feb. 1 in a small Department of Education auditorium, the new budget's key is attitude.

"The administration is again proposing a major philosophical shift in federal student aid," he told assembled reporters, "a return to a traditional emphasis on

dent Loan (NDSL) program.

The new budget would also let students get up to \$3000 in Pell Grants, up from the current maximum of \$1900.

But USSA's Ozer says the larger Pell awards will push some students out of the program altogether.

In his budget presentation, Bell argued the administration was enlarging the Pell Grant pie as well as the size of the slices. He claimed the president was asking for \$2.8 billion in Pell Grant funding, up from \$2.773 billion last year.

But Ozer pointed out that while the Reagan administration last year asked Congress to appropriate \$2.773 billion for Pell Grants, Congress actually appropriated \$2.8 billion.

Bell's proposal, therefore, actually was for level funding, and represented an increase only from the administration's request of a year ago.

Ozer also said the administration was trying to stretch its math by claiming to propose a \$295 million increase in College Work-Study funding.

The Reagan administration figures include the 20 percent — or at least \$60 million — of the funds that colleges put up as their part of the CW-S program. The actual federal increase would be 42 percent,

see BUDGET page 10

*"The administration is again proposing a major philosophical shift in federal student aid, a return to a traditional emphasis on parents' and students' responsibility for financing college costs."*

—Secretary of Education Terrel Bell

grants and loans during the 1984-85 academic year.

Reagan's new aid budget means "that students will have to borrow a lot more and work a lot more," according to Peter Rogoff, head of the National Coalition of Independent College and University Students.

Changes in the ways students can get Pell Grants would eliminate 300,000 of the grants, meaning more students would have to go into debt with student loans, Kathy Ozer, lobbyist for the U.S. Student Association (USSA), said.

And if Congress approves, there would be 913,000 fewer grants and fellowships awarded in 1984-85 under other programs, Charles Saunders, legislative director of the American Council on Education, estimated.

When all the numbers are added up, this year's Reagan college budget looks very much like last year's, Saunders noted.

The president proposed "pretty much the same budget in fiscal 1985," echoed Mary Hatwood Futrell, president of the National Education Association.

parents' and students' responsibility for financing college costs."

In asking parents and students to pay a greater share of their college costs, Bell wants them to make down payments of up to \$500 to their colleges in order to qualify for Pell Grants.

He also wants to make all students take a "needs test" to determine how much they can borrow under the Guaranteed Student Loan (GSL) program, and to increase their interest payments under the National Direct Stu-



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# The Almanian

Tuesday, February 14, 1984

Second front page

Page Three

## Massanari spends sabbatical overseas

By John White  
Staff Writer

Greek monasteries and an international conference made up the better part of Religion and Philosophy Professor Dr. Ronald Massanari's 10 week sabbatical in Europe last fall.

Massanari spent the first seven weeks of his sabbatical in Greece. "I spent three weeks doing site research, particularly with Orthodox monasteries,

Massanari also spent a lot of time in the villages talking to the Greek people, trying to get a better idea of how they thought and viewed things.

"The people are fascinating, genuinely attracted to people who will sit down, have some ouzo or wine and talk and listen to them," Massanari said.

"Greece was everything and more than I'd anticipated," he added.

The second part of the sabbatical was spent at a conference in Switzerland, with a few days of rest and reflection in

*"Part of what comes through (in Greek Orthodox mysticism) is an interesting mixture of passion, compassion and rigorous discipline. What always intrigued me was how they could put this kind of mix together and live it."—Dr. Ron Massanari*

churches and some of the classical mystery sites," Massanari said.

"The other four weeks I spent on the islands, relaxing on the beaches — that kind of stuff," he continued.

One of the reasons Massanari was drawn to Greece was his interest in Greek Orthodox mysticism. "Part of what comes through (in the mysticism) is an interesting mixture of passion, compassion and rigorous discipline," Massanari said. "What always intrigued me was how they could put this kind of mix together and live it."

Massanari was particularly impressed with the environment associated with the monasteries.

"A number of the ones I went to were up on top of mountains, almost inaccessible. (They were) very rugged and at the same time with this incredible beauty which stirs both the sense of rigor and hardship, and yet a passion," said Massanari.

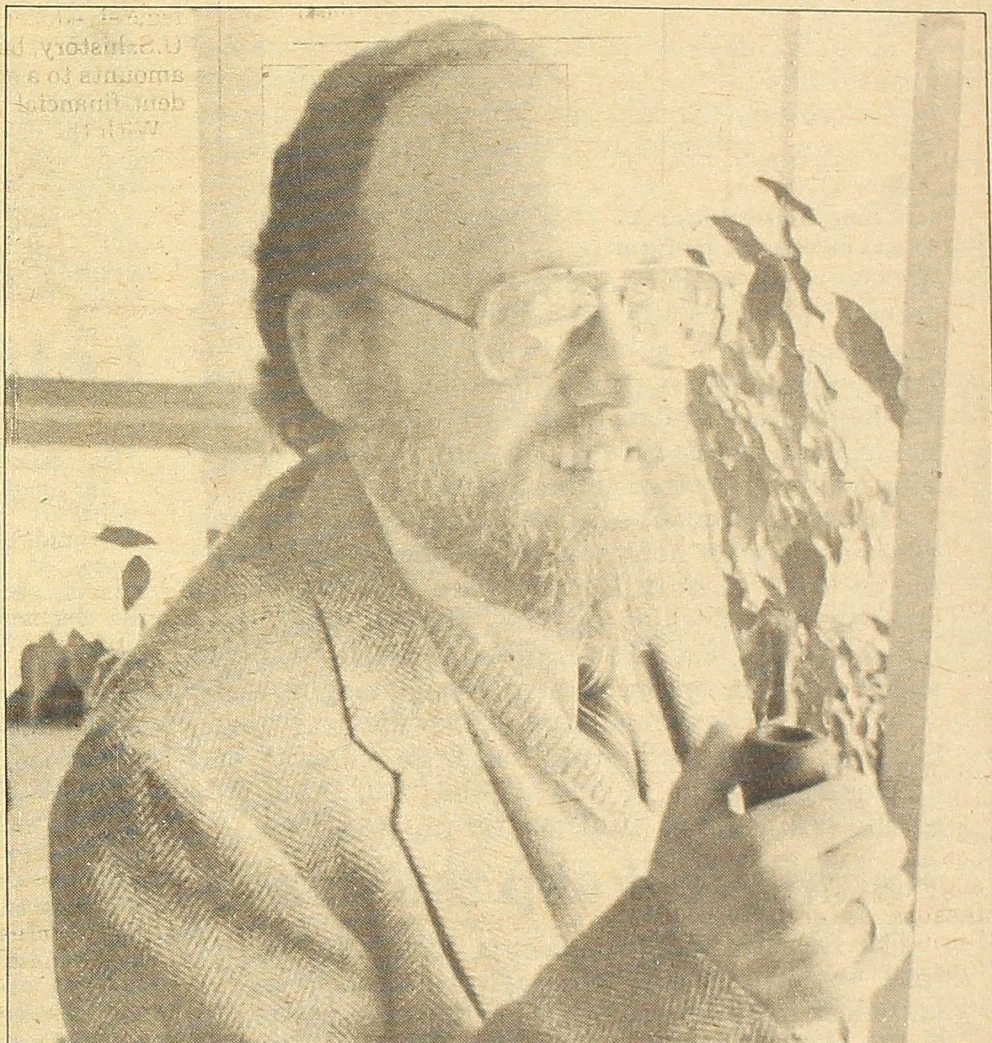
the mountains and in Zurich.

"The conference was with the International Transpersonal Association, which includes people from all over the world. The major participants were religionists, various kinds of people from different religions — Zen Masters, Farcy and Zoroastrian high priests, the Dalai Lama, the Kapi Krishna — a whole series of people," Massanari said.

There were also anthropologists, psychiatrists, psychologists, scientists, medical doctors and others at the conference.

"It was a collection of people interested in exploring the notion, which is what transpersonal means, that human experience needs to be grounded in the sacred," Massanari explained.

Massanari called it a Woodstock for intellectuals. At the conference there were a variety of people who saw things in many different ways. Yet they all claimed affirmation in the idea of a cen-



Dr. Ron Massanari

tral meaning in life that can be experienced and understood, according to Massanari.

What attracted Massanari to the conference was his interest in different perspectives, world views and value systems. By looking at other societies we can better understand our own, ac-

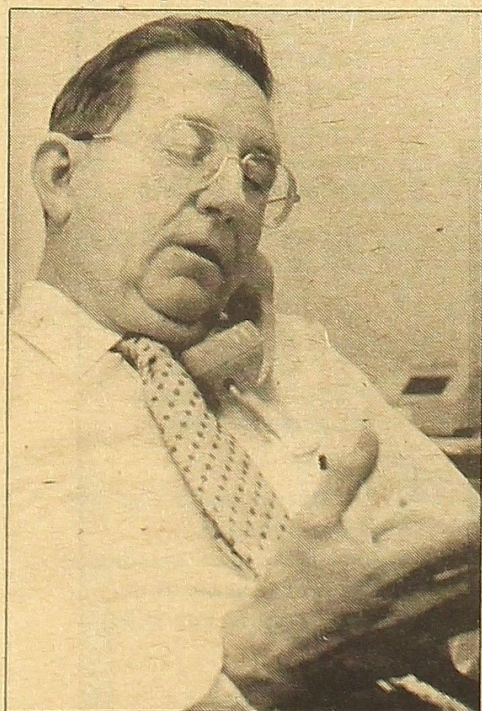
cording to Massanari.

"I think what it did was to further convince me that some of these alternative perceptions are: one, very powerful in their own right; and two, very helpful in coming to terms with our own forms of understanding and seeing," Massanari commented.

## Student ratings of faculty may assist and mislead

By Kristy Mathews  
Staff Writer

Student evaluations of faculty may assist in identification of problem areas but may not provide accurate measures



Dr. Ronald Kapp

of teaching performance, according to college faculty members and several recently published studies.

Alma introduced such evaluations about twelve years ago as a response to faculty requests for a standardized evaluation process. Dr. Ronald O. Kapp, provost, said.

"If there is a clear-cut problem (identified in the evaluations), then I have a conference with that professor," Kapp said. "But we need to be careful with these evaluations."

Kapp claimed that the evaluations' results do not measure the true effectiveness of a teacher, but rather student attitudes toward a teaching style.

"Just because the students don't like a teaching style doesn't mean that the professor is a bad teacher," he said.

Kapp considers the evaluations useful as a form of systematic feedback. "I think the students here take the evaluations seriously," he said. "Their comments tend to be thoughtful, helpful and blunt."

Dr. Henry Klugh, professor of psychology, has used student evaluations in his classes for many years. "I was curious about how they worked," he said.

From personal observation and the

reading of many studies, Klugh has concluded that instructors who possess high degrees of course organization and empathy with students, and who regularly explain and provide examples will consistently receive high ratings from students.

*"I think the students here take the evaluations seriously. Their comments tend to be thoughtful, helpful and blunt."—Dr. Ronald Kapp*

Klugh commented that at Alma, smaller classes tend to give higher ratings than larger classes. "This may be (because) smaller classes are less depersonalized, or it may be that students in smaller classes learn better," he said.

Several studies reported in "Teaching of Psychology" examine the validity of these evaluations; their results vary. One study argued that the use of student evaluations has contributed to lower academic standards. In an effort to make classes more enjoyable, faculty make classes easier, the study concluded.

Another study claimed that data may be "contaminated" by students who receive good grades. The article said that such students tend to give more

positive evaluations.

However, one study implied that students are in a better position to evaluate instructors than are faculty peers. "Students, when called on to judge a teacher, have sat through from ten to fifty hours of the course....The

faculty are dependent on student hearsay," the study concluded.

Kapp's office is responsible for the execution of this "significant routine." Generally, the surveys are distributed to students about three-quarters of the way through the term.

After the results are printed out, Kapp scans the response distributions and reads comment sheets for each professor. He looks for patterns in correlated questions; for example, five questions on the evaluation form ask about organization of the course and professor.

After final grades have been assigned to students, Kapp provides each faculty and department chairperson with a summary of the comments.



# Editorial

## Grading on attendance

The recent flu outbreak caused many students to miss classes. Health services recommended that professors be lenient in their attendance policies. We recommend that professors abolish their attendance policies.

Many professors at Alma — in many disciplines — require attendance at each class. Others may have no set policy but will lower a student's grade for poor attendance. We feel all attendance policies are bad policies.

Should professors let students come and go as they please? Should they expect to see some students only on test days? Should they consider an irregular student's work on the same basis as all other students? Yes.

Class attendance is an extremely important element of learning. There can be no doubt about that. The personal interpretations of the professor and the interaction with the students are invaluable for understanding a subject. That is the reason for employing teachers rather than just textbooks. If a student does not attend regularly, he probably will not learn the subject very well. And that lack of learning will be reflected in his grades.

That is the student's problem. He pays a great deal of money to learn here, and if he wishes to throw that money away, so be it. But there are many legitimate reasons for missing class — illness, other commitments and, yes, even sometimes sleep. Students should have the option of attending or skipping class.

We are not recommending that students stop going to class. On the contrary, we urge attendance at all classes possible; it is invaluable. But professors should not penalize students for missing class.

## Failing to 'keep the peace'

The Reagan administration's "peace keeping effort" in Lebanon has failed miserably as events of last week prove witness. Druse fighters' and Shiite militias' drive to the sea resulted in control of the area surrounding the marine's base at the Beirut airport. West Beirut is controlled by anti-government forces. The Lebanese Army is disintegrating.

The U.S. embassy has been shelled. President Amin Gemayel is bunkered down in his bomb strafed palace. The Italians are moving out. The British have relocated. American officials have confused policy with contradictory statements. Most of the marines have moved to U.S. ships off the coast. More than ever, no one controls Beirut.

Gemayel recognizes his vulnerable position. "Everything is negotiable," states the Lebanese president. Druse opposition leader Walid Jumblatt sees otherwise — "There will never be a compromise with Gemayel."

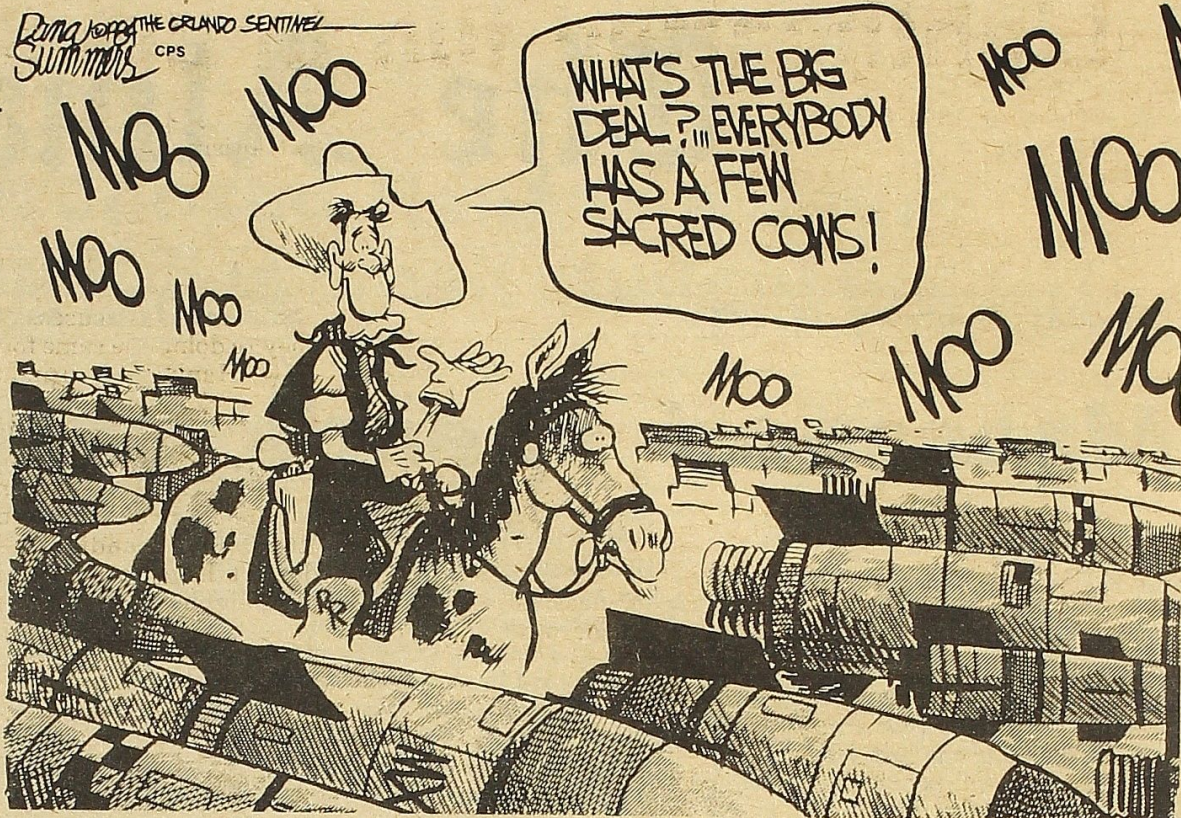
When you have achieved a great advantage in war, negotiation does not often strike one as a terribly normal thing to do.

In failing to recognize that Lebanon was involved in a civil war the Reagan administration failed to grasp something of great importance. President Reagan said the multinational force was "there to permit the Lebanese forces, once they were ready, to move into the areas ...occupied by Syria and Israel." The Lebanese forces, to the Muslims, meant Gemayel, and Gemayel meant the Christian Phalangists.

The marines in Beirut were called "peace keepers." Orders directed them to retaliate only when directly imperiled. Certainly the Lebanese Army was not about to fire on the marines. The Muslims did and thereby set the U.S. in a position of supporting the Christians.

As U.S. ships continue to shoot their big guns at Syrian-controlled factions with negligible results, the situation in Beirut for the Lebanese government will continue to deteriorate. Gemayel will escape the city. Syria, the Muslims and Moscow will win.

For the long term, nothing will have been resolved. Muslims and Christians will not have learned to live together.



## Letters

Dear Editor,

In answer to the recent editorial "Invisible Faculty," I would like to respond to some of the student complaints about lack of faculty involvement in campus affairs. Let me first make some suggestions that might explain this alleged lack of commitment. The most obvious one is, of course, the one mentioned in the editorial itself. Most of us do have private lives to pursue, and reasonably so, after having been on campus from early morning to late afternoon, as many of us are, teaching classes, advising students, holding conferences, preparing lessons, attending committee meetings, doing research, etc.

Poor salaries may also stifle interest. Just recently the Alma College faculty found out just how much underpaid its members are in comparison to professors at other Michigan institutions of higher learning. No educator expects to become wealthy in academia; however, to expect boundless enthusiasm for Alma College in the form of a 24 hour commitment in exchange for slave wages may be a touch unrealistic.

But my main purpose in writing this letter is to alert Alma College students to some of their own glaring deficiencies which may explain to no small degree alleged faculty indifference to campus activities. First, there is an appalling lack of interest and decorum in the classroom, ranging from frequent unexcused absences to shoddily prepared assignments to no preparation at all, all of which cannot fail to dampen the enthusiasm of any instructor for spending more time than necessary on behalf of people who make it abundantly clear that they are interested in just about anything except what is still the prime reason for attending any university — to learn and to study. Furthermore, all of us set aside office hours daily for students to confer and chat. Seldom, however, do students avail themselves of this opportunity to meet their instructors privately.

As for student participation in campus activities is concerned, let me briefly comment on their attendance at a recent concert given by baritone Leslie Guinn. Dunn-

ing Chapel was at best half-filled and the handful of students present conspicuous. From my past experiences here I must conclude that this state of affairs is the norm, not the exception.

Finally, I would like to mention briefly the response of many Alma students to the private efforts many faculty members have made in the past and continue to make on their behalf. Traditionally Alma students ignore the RSVP dinner or party invitations, causing their hosts considerable problems in the proper preparation of any kind of off-campus festivity. Attendance at such soirees is also dismal. Needless to say, it is folly to expect any faculty member to go to considerable effort and expense on behalf of people who make it plain that they'd rather be elsewhere.

My purpose in saying all this is not to embarrass anyone. But I do think that a little soul searching on the part of Alma College students as to their own lack of manners and their own indifference is called for before they charge us with lack of

commitment to their cause. I resent accusations of faculty indifference to student concerns. This faculty's insistence on good teaching, on quality research and on constant improvement of every aspect of student life on this campus makes such accusations preposterous.

Dr. Ute Stargardt  
Assistant Professor of English

Dear Editor,

Thank you for your excellent article and editorial on eating disorders. I'm sure you raised a few people's consciousness, inflicted a few long-deserved guilt trips and, hopefully, encouraged someone who is suffering from an eating disorder to seek treatment.

While you provided some valuable insights into bulimia and anorexia, I was somewhat disappointed that you made no mention of the most prevalent form of eating

See LETTERS page 11

## The Almanian

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All opinions contained herein are those of the editors and staff and do not necessarily reflect those of the administration, faculty and student body of the college.

### OFFICE HOURS

Monday thru Friday: 9-12 a.m. 1-5 p.m.  
All day Sunday



# Lighthearted fun in presidential campaigns

This year, 1984, has promised to be a positively interesting one. It has the Olympics, a new Soviet leader, marines in Lebanon. Why, it's even a leap year. Unfortunately, the potentially most exciting story of the year, the presidential campaign, seems to have turned boring.

The media has already begun its saturation of the people with campaign news. A field of eight Democrats against a popular incumbent generates a load of newsworthy material. All the debates, candidate profiles, major issues, polls and expectations — all of these fit well boxed off on the front page or slipped between Lebanon and interest rates on the nightly news.

Politics can also be fun, at least relatively fun.

Compared to people dying in the Middle East, threats of nuclear annihilation, or the mind-boggling complexities of the economy, campaigns are basically straightforward, low stakes, lighthearted fun.

Watching candidates vying shamelessly for a few votes or slinging mud at each other is a relaxing way to forget about your day at school or work and to feel better about yourself.

I love politics for all these reasons and more. I love the strategies involved, the planning of massive media campaigns, the wooing of particular constituencies, the targeting of important states. I love the calculations and predictions of elections results (especially when proven wrong). I even love the

pleas to pure American patriotism.

But this year seems different. All of these things I enjoy are going on. Everybody and his cousin took a poll or predicted a winner in yesterday's Iowa caucuses. And they're doing the same for the New Hampshire primaries next week. Yet none of it has the excitement of true campaign politics.

It all seems so predetermined. Ronald Reagan is the only Republican candidate. He doesn't have to do any real campaigning until the fall. Walter Mondale is virtually the only Democratic candidate. Of all eight Democrats, he is the only one gaining any support. All the others are grouped together as "dark horses."



**Tony  
BOGAR**

Alan Cranston hasn't made disarmament much of an issue at all. George McGovern hasn't been able to resurrect that old time liberalism. Even Jesse Jackson has failed to turn the party on its ear by controlling the powerful black voting bloc.

John Glenn has been the most disappointing of all, though. Here is the quintessential American, pioneering astronaut, righteous politician, certified national hero. Here is the man who should be fighting Mon-

dale tooth and nail, taking the battle down to the convention. Alas, he has failed.

Mondale will be the Democratic nominee. Reagan is the Republican nominee. Reagan will win re-election. I know it's sad, but it's true. Unless I am proven wrong, the elections are hardly worth having.

Of course, that won't stop me from writing about it though. I have to do something to make the season fun. But all the while I will be looking to 1988.

## Roundtable topic: 'Campaign 1984'

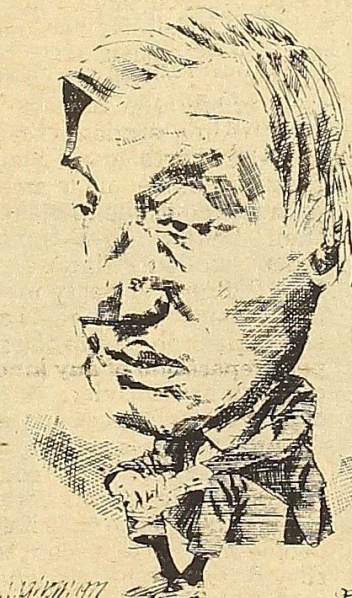
The quadrennial race for the Democratic presidential nomination officially kicked off yesterday with the Iowa caucuses.

While many feel that Walter Mondale's nomination is a foregone conclusion, the primary and caucus season nonetheless spawns spirited debate over America's electoral process.

And although Mr. Mondale apparently has his party's nomination in the bag the question of who he will choose for a running mate remains.

"Campaign '84: Where the hell is New Hampshire?" is the topic of this month's Almanian-Pi Sigma Alpha Roundtable Discussion set to begin at 7 p.m. Thursday in AC 104.

Will he appeal to the country's racial conscience and pick Rev. Jesse Jackson or will he woo women by choosing a female running mate?



Perhaps Mr. Mondale will attempt to mend Democratic fences by asking John Glenn to join his team.

Or does it all depend on how his fellow party members fare in New Hampshire and other primary and caucus sites in the next few weeks?

## Looking back: student rights

**Dr. Eugene Pattison**  
*Professor of English*

Before 1918 Almanians might not have known what a "Student Council" could be, but they did debate about regulations, campus traditions and school spirit. And they debated in the campus press, generally without censorship or suppression.

On Nov. 18, 1919, half of The Almanian's front page was "A Declaration of Student Sentiment" addressed with elegant formality to Synod, Trustees, Faculty, "Alumni, and all Persons Interested in the Welfare of Alma College." It protested President Harry Means

Crooks' "campaign against organized government by the upperclassmen," who enforced campus rules (mainly by hazing freshmen).

That exclusion of students, the editorial complained, reduced support for the football team that fall. Playing to pious scruples, the writer claimed the administrative action left no way to prevent smoking in public on the campus. But the real issue was that the faculty had abolished hazing, and Pres. Crooks had suspended two men for it, refusing to define their offense or let the upperclass presidents represent them.

Within two years Alma had a Student Council. Students would again be heard there, as

they would continue to be heard in the campus press. In 1938 there was a protest against required chapel. In 1953 "A Symposium of Campus Opinion" ran (sometimes self-righteous) letters in which students discussed what President John Stanley Harker supposedly called Dr. Stanley J. Chipper when he asked more time to consider his contract. (That Almanian was suppressed, but only until it could be clear that each student would get one copy!)

Since then the Publications Board (now the Communications Committee) has been a "buffer" against undue pressure on campus media. And since the 1970s Com-

see LOOKING BACK page 11

## Be wary of the wino faction

I enjoy reading Joseph Sobran's column in the Detroit Free Press. By the time I reach the editorial page, the world appears complex, confused and contradictory. Sobran puts it all in order.

While Mary McGory writes about the threatening nuclear destruction on a mass, egalitarian scale, Sobran finds an absolute contradiction in liberal support of winos and abortion — "liberalism has now claimed more victims than Adolph Hitler."

As Joan Beck considers problems of unwanted children and unmarried mothers locked into "long term welfare dependency," Sobran charges that taxes for welfare is evidence of the "corruption of our political morality."

The Sobran system of thought is attractive because it destroys contemporary issues by eliminating the need to consider them. Our problems are problems only because we allow our corrupt political mindset to view them as problems.

Last week Mr. Sobran outdid himself. To solve the problems of "huge budgets, high taxes, and mammoth deficits," he offered the following: "No citizen shall be taxed for the benefit of another."

According to Sobran, this constitutional amendment would do as the American

**David W.  
GREEN**



Republic was designed — "make it hard for 'factions' to combine against the public interest and common morality."

Mr. Sobran deals most effectively with these "factions." He calls up from the grave John Stuart Mill who convincingly destroys the troublesome "factions." For those in society unable to "by his labor suffice for his support has no claim to the privilege of helping himself to the money of others." The final solution is to take away from those dependent on the state the right to vote.

The "pathetic, filthy bums" Mr. Sobran refers to in other columns would therefore be unable to sway politicians with their votes to expropriate the fruits of others' labor. Their political existence destroyed, society is emancipated from the bondage of a welfare state.

In short, Sobran seeks to return to the long dead political concept of suffrage based on property requirements; with the appropriate affluence, select

citizens retain voting rights.

The tight, orderly, absolute Sobran system of thought is far from attached to any sense of reality. Mr. Sobran creates enemies, destroys them, and thoughtfully displays the corpses to the "we" of society.

The basic assumption contained within Sobran's is that "they," the "faction" of societal scum dependent on everyone else for subsistence, have wielded enough political power to destroy "public interest and morality."

In the real world beyond Sobran's column we can only conclude that we are all a part of the faction.

Society dependent bums did not lobby Washington for the Great Society; they do not wield the immense power that recently cut corporate taxes; they do not find a great mission in supporting education subsidies. Did they support agricultural subsidies, social security, tariffs, health insurance and the defense budget?

What a dangerous political faction — the bums.

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# Feature

Barb Podgorski establishes herself with art pros

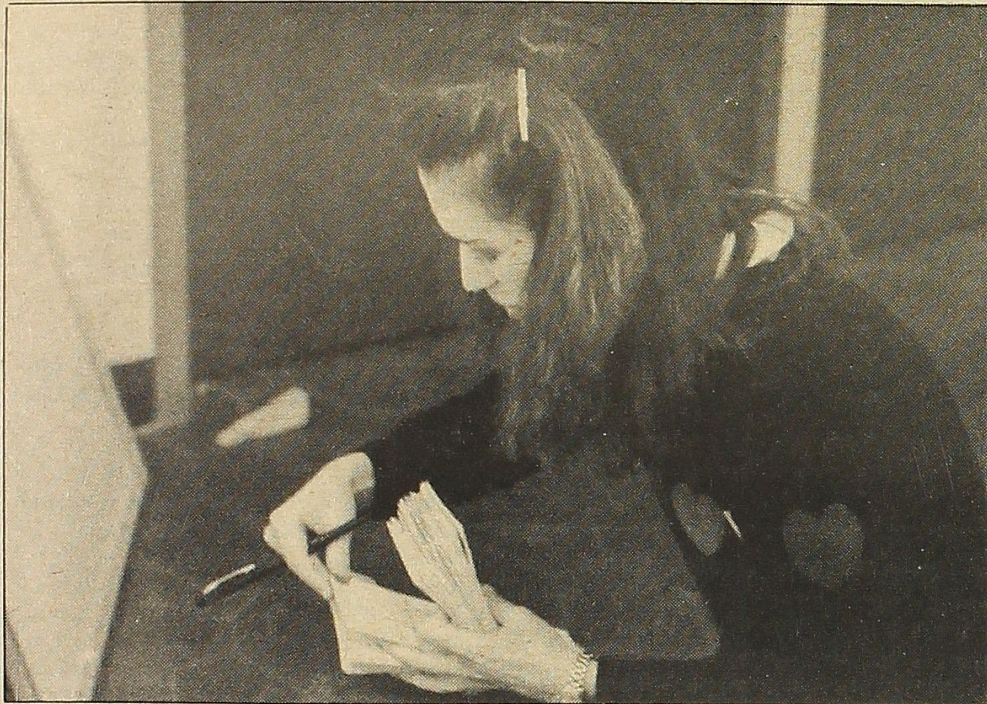
## 'Evening Turnpike' accepted in Print Competition

By Lora Helou  
Staff Writer

Few art students get to put their talents to use while they are in school, but junior Barb Podgorski has

established herself among professional Michigan artists.

Earlier this month, Podgorski's collograph, "Evening Turnpike," was accepted in the Third Annual Alma College Statewide Print Competition.



Barb Podgorski

Podgorski is one of 41 Michigan artists whose works will travel around the state in 1984.

The print competition features a diverse number of approaches to the art of printmaking. Lithographs, etchings, serigraphs and wood engravings hang about the Flora Kirsch Beck Gallery along with Podgorski's "Evening Turnpike."

Podgorski was encouraged to enter prints for the competition by Gallery Director Bob Rozier and Art Department Chairman Kent Kirby. "I don't really know how I feel yet," said Podgorski. "I'm still in awe over it. I suppose it will sink in when the show begins to travel."

Rozier commented, "Juror Sidney Chafetz felt the work in this show was of superior quality and Barb's was accepted on its own merit."

The Statewide Print Competition was the first show in which Podgorski ever submitted works. Since then, her "Forest a Fire" in wood relief was accepted in the Mt. Pleasant print competition.

"The print meant the most to me," Podgorski explained. "It was a turning point. I was struggling with imagery and colors. Two prints in two weeks — I'm numb about the whole thing!"

Podgorski places most of her art emphasis in printmaking. She adds, "It's exciting for me to have my two works accepted into the shows being in the printmaking media."

Aside from her art classes, Podgorski spends a great deal of time in the Clack art building. She works as the student assistant in charge of the gallery. Podgorski is extremely busy with her schooling and she is also responsible for hanging the shows and their lighting, Rozier explained. "Much is asked of her," he added.

Rozier said of the young artist from Cheboygan, "It is also considerably important to enter shows on top of having responsibilities in the gallery. I'm very pleased Barb found time to enter the shows and met success."

Podgorski entered three prints in the Statewide Print Competition. She expects to use the other two collographs in the Senior Review Exhibit next fall. Rozier added praise, "She is an inspiration to the other students in the art department."

The exhibit calendar includes shows beginning in Alpena and finishing in Port Huron at the end of the year. Perhaps by then, the feeling will hit Podgorski, but right now she says, "I'm amazed!"

## Carey Connell Sutton portrays women in American history

By Amy McAllister  
Staff Writer

This past Friday evening some very unique visitors were presented on the stage of Dow Auditorium. The visitors all had two things in common: each personage was a woman, and each was introduced through the creative efforts of the same person — Carey Connell Sutton.

Each character Sutton portrayed Friday night represented a different era of American history. Each woman was of a different disposition. Alice Baldwin, for example, was a meek young woman who followed dutifully after her military husband to the frontiers of the American West.

In the second scene another woman of the old west was introduced. Ellen Jack, however, was like no one else. She owned a saloon, swigged whiskey with the best swiggers, and had earned the reputation of being "the daredevil of the west."

After a short intermission, Sutton transformed once again and introduced her audience to Margaret Sanger, founder of the American birth control

movement. This poignant portrayal was more serious, and Sutton was exquisite in conveying the agony and mental suffering Sanger endured before dedicating her life to educating American women about birth control.

Ending her one-woman performance, Sutton left the audience on a more humorous plane by sharing a bit of a young Southern belle — Zeldia Sayre. This femme fatale was done with a finesse that only someone from the South could possess. The "iron butterfly" personality, fluttery and decorative on the outside but cool and calculating nonetheless, was delightful.

Sutton's work is accurate and authentic because she really comes to know her characters before putting them into the show. She has spent approximately one year in the Library of Congress and at Duke University researching the lives of American women, uncovering their original letters and diaries.

Sutton finished her master's work in theatre at the University of Minnesota. She now resides in Winston-Salem, N.C., with her husband.

Before taking on the task of creating the solo show, Sutton performed with



Carey Connell Sutton

Photo by Mike Gaffy

the Guthrie Theatre in Minneapolis, the American Conservatory Theatre in San Francisco, the Barter Theatre in Virginia, the Carolina Theatre Company in North Carolina and Equity Library Theatre and Cafe LaMaMa in New York City.

What made Sutton decide on going out on her own? "It was simple," says Sutton. "There are about five to seven good male parts written for every one good female part."

Another aspect for Sutton was to reach a suitable compromise with her

back-to-nature husband and a career that usually only thrives in New York City. By travelling with her own show, Sutton has managed to combine the best of both her worlds.

With a subtle but solid spirit of professionalism, Sutton entertained and educated her audience in Dow. From the swaggering strains of Ellen Jack and the Irish brogue of Mother Mary Jones to the soft Southern lilt of Zeldia Sayre, Carey Sutton changed personalities as effortlessly and artfully as she changed clothing.

## Israel Spring Term offers archeological studies

By Tracie Young  
Staff Writer

"It's on the job training. You don't need any previous experience — you just need a little willingness, patience and endurance and (must) be able to put up with a little heat, a little bit of dust and a few flies," said Dr. Joseph Walser of his spring term archaeology course in Israel.

The class, Religious Studies 242, will take students to Uza, the site of one of the ancient fortresses which lined the southern border of Judea from the time of King Solomon up through the Roman period.

This summer will be the third year of a five year dig in which "we are trying to open up the site and trying to reconstruct a bit more of the story of the southern part of the country and what was happening during the eighth and seventh centuries B.C. and the first and second centuries B.C. and A.D.," Walser remarked.

Remains of the ancient people's everyday life such as pottery, spear-points and coins are found during the dig. According to Walser, the biggest finds are the ostraca — pieces of pottery on which there is writing.

The group will be engaged in intensive, highly supervised archaeological activities five days per week, but will be

traveling to different parts of the country every weekend to see other sites both ancient and modern.

Some of the places the group will visit include Galilee, Jerusalem, Tel Aviv and the coral ocean bottoms of Elath.

The course is important not only for its archaeological aspect but also for its intercultural value, Walser said.

"It introduces you to a different way of looking at life and perhaps at some different sets of values — (values) that at least ask you to re-examine your own or see your positions in the light of some others," Walser said. "(This process) is very mind expanding."

Walser feels that it is extremely im-

portant to know your own traditions, but also "important to see your own traditions in the light of others."

Looking forward to the experience, Walser is hopeful that "we'll be able to uncover more of the community that was there so we can begin reconstructing the story of the site — who was there and how they lived — and in the process refine the techniques of the archaeologist."

The group works with archaeologists from Tel Aviv University and is also joined by another group of students from a university in Texas.

Anyone who is interested in participating should contact Dr. Walser as soon as possible.



# Entertainment



## Bob Dylan's 'Infidels' crucified: lacks imagination, ingenuity, vocal finesse

By Don Wheaton  
Staff Writer

BOB DYLAN—

"Infidels" (Columbia) ★ ½  
WARNING: Bob Dylan fans, read no further. Crucifixion is not a pretty sight.

Bob Dylan's latest album, "Infidels," shows a definite lack of imagination and ingenuity. It is a particularly weak album for a man who has given us many good songs.

Dylan seems content to rest

in a colorless void of songwriting that has characterized his past few albums. In different words, he hit his composing peak years ago and is living off his formerly fine reputation while wading in an absence of originality.

Yet, his music shines at one point on "Infidels." The second track of the second side is a pointed commentary on a post-industrial America and world; it stings in its cynicism for politics.

The track is titled "Union Sundown," and between its contempt for unions ("It's sundown on the union/ That was made in the U.S.A./ Sure was a good idea/ 'Til greed got in the way.") it pokes a sharp stick into today's global situation.

The rest of the album can be described in one word: BORING. It is worth restating: "Infidels" is a boring album. Each song (exception: "Union Sundown") could as easily be another on the disc, all em-

phasizing basically the same organ chords and guitar riffs.

Dylan has great taste in backup bands, though. Mark Knopfler of Dire Straits plays guitars with Dylan, and Robbie Shakespeare is a very competent bassist. The other band members are not slouches either.

But Knopfler and Dylan, as producers, flop big-time. They just can't save this album; Knopfler alone may have been able to salvage it, but it seems Dylan had to keep tight rein

on his work.

Dylan, never the singing wonder, ought to stick to letting others interpret his songs. But he still continues on torturing the eardrums of millions with his nasally pinched, scratchy, terrible vocals.

The album is fat in the middle of Dylan tradition. That is its largest problem: it travels in no new directions. Oh well, Dylan seems to be quite content with it for whatever reason, or else he would not have released it.



## House Calls

### Inescapable stress can become problem

Stress is the accumulation of normal and abnormal pressures of daily living that test the individual's ability to cope. It is an inescapable element of life, but it becomes a problem force when the release of adrenalin stimulates the person to meet the challenge at hand.

Stress is a response that can be documented through physiological changes in two body pathways. Most of us recognize the autonomic changes associated with the fight or flight phenomenon—the sweaty palms, rapid heart-beat or butterflies in the stomach.

Slower acting and perhaps longer lasting body changes take place through the second stress pathway, the neuroendocrine system.

Yes, the long term kind is what leads to trouble. Job stress, family stress, emo-

tional conflicts, money problems are some of the pressure that are termed "the full court press of life."

There's no end to long term stress; physiologically, all the neuroendocrine functions accelerate as though your life were in danger and they stay elevated without release.

We experience this as anxiety, frustration, tension and worry. This is the kind of biological stress that leads to disease.

Think of your body as being naive. It can't tell if your life is in danger or if you're just thinking your life is endangered. The fear of losing your job or failing a test might be just as threatening as if a speeding truck were coming at you.

Whatever the cause, before you can relax from this situation the next stressor hits — see STRESS page 10

#### STRESS RESPONSE ANALYSIS

To begin with, it is a good idea to gain an impression of how you can respond to stress right now. This will give you a sense of what benefits you can expect from this training and a standard against which you can measure your progress as you develop and use your new skills. The test below will give you a reasonably accurate indication of your current stress profile. It identifies common "signs" of excessive, and thus, potentially harmful reactions to stress.

A. How often do you experience any of the following general problems?

(Score each item: Never—0; Seldom—1; Moderate—1½; Frequently—2)

General Irritability or depression\_\_\_\_\_  
Unusually dry throat or mouth\_\_\_\_\_  
Lack of concentration\_\_\_\_\_  
General fatigue\_\_\_\_\_  
Persistently keyed up\_\_\_\_\_  
Can't sit still\_\_\_\_\_  
Nightmares\_\_\_\_\_

Palpitations\_\_\_\_\_  
Strong urge to cry, run or hide\_\_\_\_\_  
Loss of the joy of living\_\_\_\_\_  
Easily startled\_\_\_\_\_  
Grinding of teeth\_\_\_\_\_  
Diarrhea\_\_\_\_\_

B. When you find yourself in a particularly stressful situation, how often do you experience the following?

(Score each item: Never—0; Seldom—1; Moderate—1½; Frequently—2)

oily skin\_\_\_\_\_  
need to urinate\_\_\_\_\_  
burping\_\_\_\_\_  
sweaty hands\_\_\_\_\_  
heart pounding\_\_\_\_\_

sweaty feet\_\_\_\_\_  
face feels hot\_\_\_\_\_  
gassiness\_\_\_\_\_  
tight stomach muscles\_\_\_\_\_  
short breath\_\_\_\_\_

flushed face\_\_\_\_\_  
cold hands\_\_\_\_\_  
cold feet\_\_\_\_\_  
acid stomach\_\_\_\_\_  
increased pain\_\_\_\_\_

#### Scoring:

- 0 - 5 = little sign of excessive reaction to stress.
- 6 - 14 = daily tension levels need to be lowered to prevent stress related disorders.
- 15 and above = your stress reactions may be seriously detrimental to your health.

Adapted from Charles F. Stroebe, Ph.D., M.D., Quiet Response Training, Self-Instruction Manual, Copyright 1976, B.M.A. Publications, New York.



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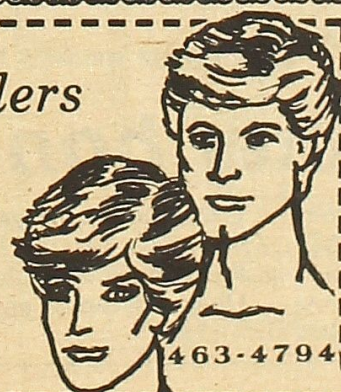
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## This week...

#### WEDNESDAY

● Middle of term/last day to add a second seven-week class.

● Vespers Service, 10 p.m., Chapel.

#### THURSDAY

● Begin second seven-week classes.

● Alma Symphony Youth Concert, 7:30 p.m., Alma Middle School Gym.

#### FRIDAY

● Residence halls close, 7 p.m.

#### SATURDAY

● Winter term recess begins.



# Sports

## Nationally-ranked Hope edges Scots

By Don Wheaton  
Staff Writer

After being denied by Adrian Wednesday night, 86-82, the Scots were edged by Hope 70-65 Saturday.

Hope's Flying Dutchmen are currently ranked first in the nation among Division III NCAA schools. They are the only NCAA team among 651 colleges to be undefeated (19-0).

"Anytime I go on the road to Alma I expect a tough, tight game," stated Hope Coach Glenn Van Wieren.

And the Scots measured up to Hope's expectations.

The teams traded baskets until mid-way through the first half.

After Alma called a time-out with Hope leading 15-24, the Scots outscored their opponents 13-4 in the next three minutes to tie the game at 28.

Alma forced turnovers and rebounded well against the very tall, dominating Dutchmen. Although Hope's team consists of men who are all six feet tall or more, Alma outrebounded the Dutchmen, 26-24.

With five minutes remaining in the first half, the Scots captured the lead at 32-30, and held it until Hope evened the score at 38.

At the half, the teams went to the locker room with 40 points each.

Both teams battled back and forth for the one-point lead until seven minutes remained.

The score remained 64-63 in Hope's favor for the next six minutes as the Dutchmen stalled.

Bill Core stole the ball and led Alma into a stall, looking for an opportunity to score. But Hope broke the plan and put in an easy lay-up to extend their lead to 66-63.

With thirteen seconds left, the Dutchmen padded their margin, 68-63, and Alma called a time-out.

Ray Van Tiflin, playing in his final home game for the Scots, drew a foul and narrowed the gap, converting both his free throws.

With one second left, Alma committed a foul and Hope's John Klunder scored two of his game-high 26 points on the free throws.

"We can feel proud of the effort we gave," Jim Kramer said.

Van Wieren said the Scots "played as well against us as anyone else this year."

Van Tiflin was pleased with the game: "It feels really good. One play could have turned it around, but when we play like that against the number one team, we really show our class."

"It would be easy to pay tributes to Hope, but we are the ones who deserve them today," commented Ragsdale.

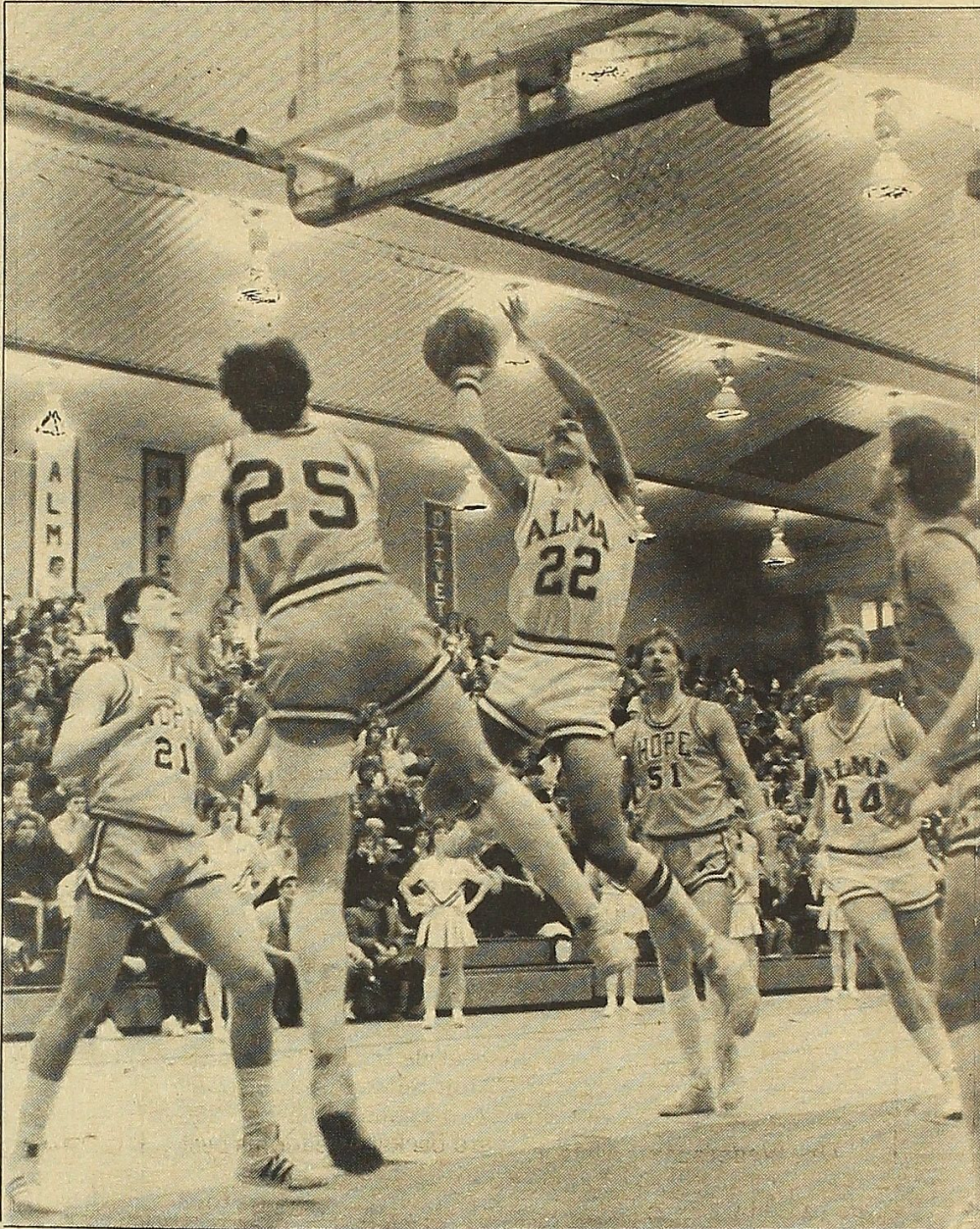
"Our bench played well. When you're down a bit and you have a lot of pressure on, you show your confidence in your bench and rest your starters. They kept us in the ballgame today and they did a great job," noted Ragsdale.

High scorer for the Scots was Van Tiflin with 17 points. He also led Alma in rebounds with seven.

Scott Lewis and Chuck Holmquist each had 12 points in the Scot effort. Kramer popped in ten and Tim Bolton added eight.

Holmquist and Bolton also had six rebounds each.

"We did a lot of very good things today. We're a young team that is going to come back. We're still building — we'll be there in the future," Ragsdale added.



Scott Lewis (22 white) pulls up for a jumpshot against Hope on Saturday.

## Regional champion, Athlete of the Week

By Mary Douglas  
Sports Editor

Senior wrestler Chris Miller is this week's Athlete of the Week.

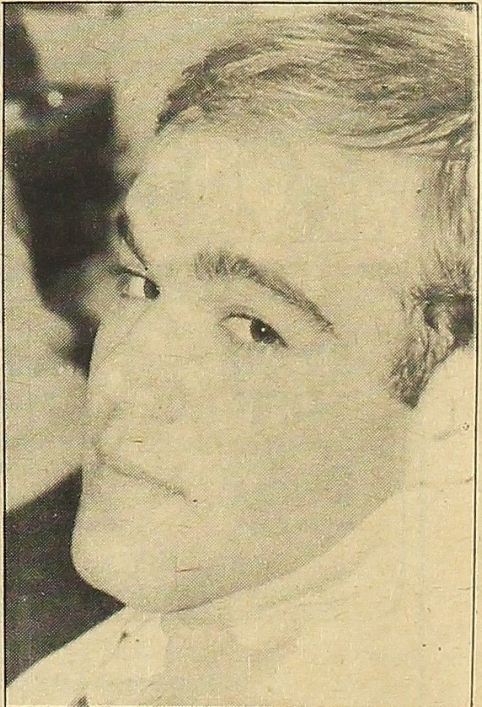
At Regionals Friday and Saturday, Miller upset Jim Wadkins of Walbash College in the finals. His 6-2 win gave him the 190 pound title and qualified him for Nationals.

Walbash was seeded first in that weight class. He was undefeated throughout the season.

This is Miller's fourth trip to Nationals.

"Every year Miller turns it on at the end of the season," Coach Dan Coon commented.

"He could beat most of the people at Nationals," Coon added. "It all depends on how he wants to wrestle."



Chris Miller Photo by Dan Coon



Jim Kramer leads the Scots into their pre-game warm-up for Hope.

## Cager Kramer honored

Junior guard Jim Kramer was named to the Academic All-American first team basketball squad in District IV. The award was based on Kramer's 3.2 cumulative

grade point average and his basketball skills. District IV consists of Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsin and Ontario.

## Week at a glance

- |                                                                                                                                 |                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <b>Men's JV Basketball:</b><br>-Wed.....at Kalamazoo<br>-Sat.....at Albion                                                      | <b>Men's Varsity Basketball:</b><br>-Wed.....at Kalamazoo<br>-Sat.....at Albion |
| <b>Women's Varsity Basketball:</b><br>-Tue.....Kalamazoo at home at 8 p.m.<br>-Thurs-Sat.....at Grand Rapids Press Invitational | <b>Swimming:</b><br>-Thurs-Sat.....at Albion for MIAA championship              |
|                                                                                                                                 | <b>Wrestling:</b><br>-Fri-Sat.....at NCAA Nationals                             |



**Alma, Albion tied for first****Adrian upsets Scot women**

By Mary Douglas  
Sports Editor

Adrian College upset the Scots 85-83 in over-time women's basketball action Wednesday night. But on Saturday, in their final home game of the season, Alma battled past Hope, 83-59.

Trailing Adrian by one point with three seconds remaining in regulation play, Sue Spagnuolo was fouled and sent to the line.

Spagnuolo converted the first part of the free throw to tie the score, 75-75. Her second shot was not counted, though, because she stepped over the line.

After five-minutes of over-time excitement, the Bulldogs pulled out the win 85-83.

"I was disappointed with our first half defensive game," Coach Marie Tuite said. "We were a step too slow and committed some dumb fouls."

"We also missed a lot of shots in the first half," stated Tuite. "They got the rebounds and scored from the fast break."

At halftime, Adrian led by seven points.

The Scots pulled it together in the second half, outscoring the Bulldogs by seven.

Tuite explained: "We made more shots in the second half which prevented them from working their fast break."

"We played a mediocre game and Adrian played very well," noted Tuite.

The score of the Hope contest was not reflective of the battle.

The Flying Dutchmen led by as much as nine points in the first half.

Alma evened the score at 27-27 with three minutes remaining and took the lead a minute later when Spagnuolo drew the three point play.

At the end of that 20 minutes, the Scots held a slim 33-32 edge. They had shot only 38 percent, compared to Hope's 45.5 floor percentage.

The second half began much the same way. After 10 minutes the score was locked at 48-48.

In the final 10 minutes, however, the Scots gained the momentum, outscoring Hope 35-11.

Tuite noted: "I think the key to the win was that Hope got into foul trouble. Three of

their best players fouled out, sending us to the line."

"It was not a pretty first half. We were sloppy and hesitant," added Tuite. "Our bench helped change the momentum, though, especially Mary Ellen Luczak and Ann Sheedy."

Alma shot 48 percent in the second half. Hope's percentage dropped to 30.

Terri Carvey led all scorers with 17 points. She was 7-11 from the floor and 3-4 from the line. She also added four assists.

Carvey was named the MIAA's "Player of the Week" last week.

Dana Johnson chipped in 14 points.

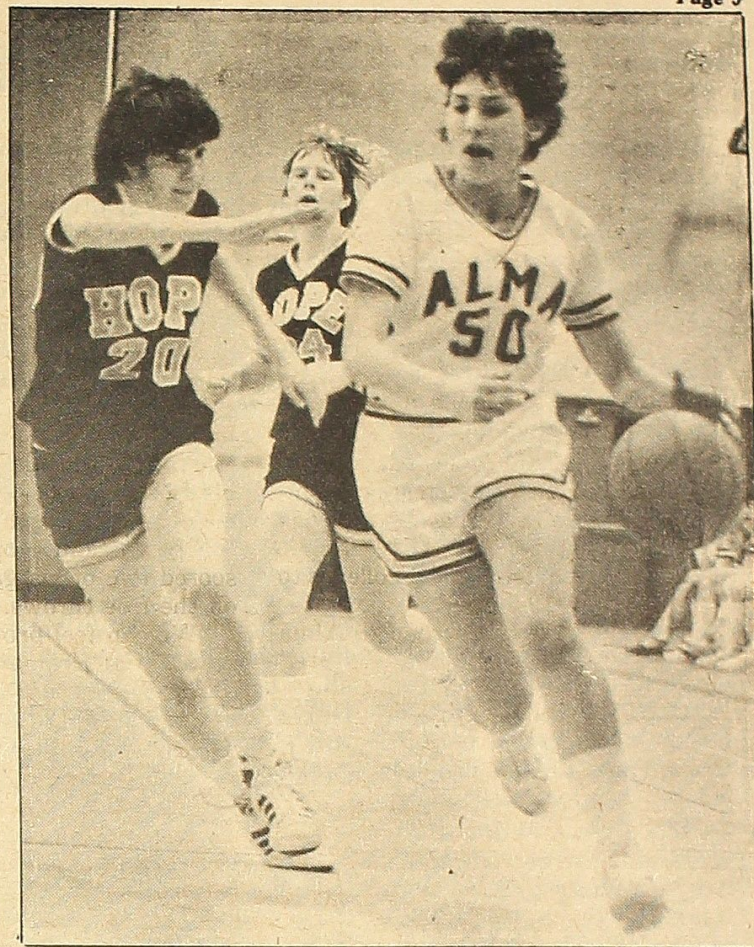
Freshman Sheedy came off the bench to shoot 4-5 from both the floor and the line for her 12 second half points.

Tuite said, "When (Sheedy) plays with confidence she is very effective. And she sure did the job for us tonight."

Sal DeGraw added 11 points.

High rebounder for the Scots was Spagnuolo with six. She also had seven points.

"I give a lot of credit to our bench," DeGraw stated.



Terri Carvey

"When Hope got into foul trouble in the second half they didn't have much of a bench to turn to. Our bench is a lot better than theirs."

Alma and Albion are tied for first place in the league with

8-2 records.

Tonight the Scots travel to Kalamazoo. On Friday and Saturday, the cagers will compete in the Grand Rapids Press Invitational Tournament.

**Swimmers lose final dual**

By Kerri Clark  
Staff Writer

On Wednesday, Alma's men's swim team was defeated by Calvin 80-28. It was the Scots' final dual meet of the season, dropping them to 0-4 in the MIAA.

"Calvin is a very strong team," stated Coach Wayne Wyszynski. The Knights are currently in second place within the MIAA.

The Scots took two first places in the meet.

Tim Fields snatched the 1000 yard freestyle with a time of 10:51.28, dropping 13 seconds off his season best time.

Freshman Chris Slater stole first in the 50 yard

freestyle in 23.24 seconds.

Jeff Schamanek dropped 1.5 seconds from his 200 yard backstroke for his best time ever, 2:16.23.

Jim Sterken clipped four seconds from his 200 breaststroke finishing with a 2:35.19.

The men's swim team will be traveling to Albion on Friday for a weekend of competition in the MIAA Championships.

**Women**

In their final dual meet of the season on Wednesday, the Scots lost to Calvin 85-25 in women's swimming.

see SWIM page 10

**Scots get one National qualifier****Olivet steals league title**

By A.J. Heindel  
Staff Writer

The Alma College wrestling team failed to earn its fourth championship. They placed second at the MIAA tournament on Tuesday.

Over the weekend, the Scots competed at Regionals in Sewanee Tennessee. As a team they placed third of 12 teams with 74 points and one champion.

Senior Chris Miller won the 190 pound title by upsetting first-place seeded Jim Wadkins of Walbash College, 6-2.

The championship qualified Miller for National competition in Birmingham, N.Y. on Friday and Saturday. It is Miller's fourth chance at Nationals.

Olivet College, the new MIAA champions, took first place at Regionals. They had

94 points and five individual champions.

Walbash followed with 86 points for second place with four champions.

Scot second places were notched by junior Rex Hart (118 pounds) and freshman Eric Carpenter (167 pounds).

Carpenter lost by only one point, 9-8.

Hart fell 16-14 in the finals.

Coach Dan Coon said Hart dominated the entire match, but his mistakes gave his opponent most of his points.

Third places were taken by Mike Conway (126 pounds), Jeff Dawes (134), Tom Mahaney (142), Harold Brenizer (158) and Amos Rinks (heavyweight).

Olivet College also captured the MIAA title on Tuesday with 107½ team points and eight individual champions.

The Scots were a close second with 94½ points and two champions.

Hope College was third with 74½ points.

Miller made Alma College sports history by capturing his fourth consecutive MIAA

championship.

Coon was "impressed with his performance."

Hart became the 118 pound champion for the second time.

"He's starting to get it together," Coon noted.

Wrestling to second places for Alma were juniors Dawes (134 pounds), Tim Cooper (150 pounds) and Rinks (heavyweight).

Conway (126 pounds) and Carpenter (167 pounds) also claimed second places for the Scots.

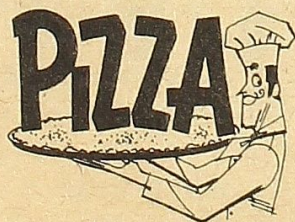
Grabbing third places for Alma were freshmen Mahaney (142 pounds) and Brenizer (158 pounds).

"Olivet is a good, well-balanced team with experience. They will probably place at Nationals," Coon said.

"We'll give Olivet another battle next year," promised Coon.

At the Wheaton Invitational in Illinois Feb. 10 and 11, the Scots placed eighth out of 19 teams.

Hart and Miller were the only Scots to place: both fourth in their weight classes.



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# Greek Spotlight

## AZT

Beware Sexy and Seventeen — Actives are craving pins. Pledge Plop again to Bethany — close call with Skronk. Organization was the key to the phenomenal prank. Boom-Boom, lose any earrings after too many Signatures? Pledges, the Signatures are almost finished, but let's not turn to pop. Roxann has to go to U of M for that bass. To Bartha, a perfect mustache. Hello to the other 1/3 of the Blond Bombshells, maybe you'll get this job next week.

## ΦΛΧ

A round of well-deserved applause for the PLC Associate Members. We are very proud of each and every one of you. We are delighted that you are part of the gold and white family. Hey Action, find anything unusual in your pockets lately courtesy of Jimmy? So much for IM B-ball. Here's to fall and IM football.

## ΑΘ

Congratulations to Zabrina, Missy and Talli for losing their

pins. Good work actives! Thanks goes to our wonderful pledges for the Valentine Day door surprise. SENIORS, this is your last pledging period... Have Fun!!! Carolyn and Leslie, excellent letters in the paper last week. FIRE UP PLEDGES AND ACTIVES and have a great break.

## TKE

Well only two more days left until break, let's see if we can make it. Pledges, after break, only one more week; do it up. Paul, what does it mean if you have big feet? How about those new sisters, too bad not all of us get new ones. Teke Deke of the Week goes to Gob who's getting as much practice in as he can.

## ΔΦΩ

Yes, we're open! Mrs. Hollywood — does bad taste come easier to some? MissyspacegetsspaceWebsterspaceofspacethespaceyear-spaceaward. DPL — don't worry, you're not worth mentioning twice. Too bad

Founders' Day comes only once a year — you pledges put on a good show! Maybe next time Taco Bell. Spedley Doohicke — how 'bout that P.R. with passerbies over 55? P.S. Do bakeries deliver cakes with flies? Just asking.

## ZE

Hello wonderful campus. Another uneventful week at the SIG House has passed. The VCR was great, and we received our Animal House fix. Speaking of Animal House, our famous (or infamous) Belushi III Party will be on March 10! The Casbah will be rocked. The Brotherhood of Zeta Sigma is saddened by the death of Yuri Andropov. You heard the news first at our Red Death party a month ago. Stay fired up Pythons and remember these words from Howie, "When you're on top, (Well, I think you know the rest!)"

## KI

So tell me... For those of you who never thought it possible

— there are Seven-ups! Momma Trish — you're sounding a bit 'froggy.' Lisa — how is the theory testing going? Isn't it nice to have g-kids, g.g-kids, and even g.g.g-kids? Old or not it shows we have the stamina and the staying power! Yes folks — I do believe the great cough-off is about over! Wacky — don't forget that, 'Girls just wanna have fun!' Awesome!

## EAE

SAE — Many competitors — no competition. Remember Richie — you are a pledge; I am an active. Stopped by to say hi to the Eye. How's your eye, Eye? Stop chewing. As Dagmar does his duty, the Largest Member enters Green Acres, but it's not as gross as it sounds, because the turf doesn't smell like Jomo's room; it's closer to KK's tuppy, which needs scraping. If all pledgii did their duty to mankind, pledging would go much faster, and you'd all be a lot happier. No German

philosopher of cultural despair ever said 'Phi Alpha Bits.'

## EB

To everyone who worked so hard for Auction, all donors, and all those who turned out their pockets: one great THANK YOU! The African Fellowship is nothing without you. Special thanks to Mitzi Mullinix for our computer program, on top of everything else she's done! In other news ... midterms and then FREEDOM! Everyone is hereby ordered to have a good time on break — or else!

## ΓΕΕ

Rolling, Rolling, Rolling. Keep those Brownies going! Roll away today at 3:00 p.m. Don't worry pledges, we haven't forgotten you!!! Julie's singing 'Where, oh where, has my pledge book gone?' Heidi Sue — any clues? Dee Ann — do you have your pin on??? Nice job on Little Sibling Weekend to all those who worked on it! Have a restful break everyone!

## Budget

continued from page 2

not the 53 percent Bell claimed at his presentations. Bell presented the budget

twice, once to the education community and once to the press.

## Swim

continued from page 9

Coach Susan Bloomfield stated, "This is an awkward time for us because we are preparing for the MIAA Championship."

The title meet will be Friday and Saturday at Albion.

Highlights of the Calvin meet included Trish Howrey taking first place in the 1000 yard freestyle with a time of 12:14.98.

Sophomore Cindy Hultquist took two first places: the 50 yard freestyle in 26.44 seconds, and the 100 yard freestyle in 57.58 seconds.

Bloomfield cited the performance of Leanne Ince in

the 400 medley relay. She swam a 1:13.8 100 butterfly split.

Howrey swam an impressive split in the 400 freestyle relay.

Susan Karp had a personal best in the 200 yard breaststroke, 3:20.05.

Senior Lori Fedewa was given the "valiant effort" award by Bloomfield.

During her 500 yard freestyle race, Fedewa's goggles slid down around her neck and were choking her throughout the race. Despite that, she pulled a third place in the event.

The ladies are preparing for their season finale, hoping for national qualifying times.

— K.C.

## Stress

continued from page 7

a term paper, a family problem — and the bodily function keeps racing.

How long can that pattern go on? In someone with a very chronic stress pattern the only thing that's going to break the cycle is some kind of experience with illness.

This may be a state of complete nervous exhaustion, a heart attack, a debilitating headache or an alcoholic binge. Everybody has their own favorite way to to break the pattern.

The reason that it often takes the form of illness is that during the time you are ill, there is a different set of demands placed on you. It is now accepted that you can

stay in bed and take life easy.

It is a good idea to gain an impression of how you respond to stress, so you can identify the signals from your body when it tries to slow your pace. Learn to take time to relax in order to break the long term stress-pattern.

Take minute vacations of slowing down — chat with a friend, read a few lines from a good book, listen to soothing music. Be reminded of the fable of the hare and the tortoise. The race is not always to the swift. There is more to life than increasing its speed.

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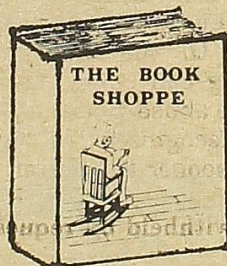
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# Jump Page

## Looking back

**Continued from page 5**  
munity Government requires that the Committee's actions and all disciplinary procedures be guided by the Joint Statement on Rights and Freedoms of Students, 1967.

With wide national endorsement, the Statement protects freedom to learn. Under it, you can't be graded for opinions unrelated to academic stan-

dards. You can pursue your interests in student organizations, and they can't be denied recognition just because they can't find a faculty advisor.

Your campus paper must have "sufficient editorial freedom and financial autonomy" to offer "free inquiry and free expression," without censorship or advance approval of copy. (At Alma,

this has been in writing since 1959).

In disciplinary proceedings, the Joint Statement demands "procedural fair play." You must be told the nature of charges against you, and you get a fair chance to refute them: time to prepare for a hearing, and the right to present evidence and witnesses and "to hear and question

witnesses," or at least to know the names of those making statements against you. (In other words, witnesses can't give anonymous phone tips "to avoid intimidation." And under Alma's rules, you can remain silent.) And you get a verbatim record of the hearing, either transcript or tape.

Almanians of 1919 might be glad we have defined hazing.

They would certainly be glad that in 1984 you are protected against what to them seemed arbitrary and undemocratic measures (even if an occasional administrator may deny the College has to follow the Joint Statement). And that as almost always you can talk, write and publish about such things without having your opinions stifled.

## Letters

**Continued from page 4**  
disorder — compulsive overeating.

Although bulimics suffer from this illness, there are many more of us who, rationalizing that we are above that "disgusting" behavior, eat sickening quantities of food, then let the chips (or pounds) fall. Are we really any healthier, mentally at least, than the bulimic or anorexic?

Before going any further, I should point out that I'm not referring to the slightly overweight, reasonably well-adjusted people who eat a little more than they should from time to time. By "compulsive overeater" I mean a person who regularly plans secret binges, cannot stop eating once he or she has eaten a small quantity of a binge food (usually containing refined sugars or flours), and thinks about food most of the time, letting it take over one's life.

Many of us have Jekyll-and-Hyde eating patterns. We self-righteously sip and nibble at a Diet Coke and salad when we're with others, then later consume entire pizza(s), cartons of ice cream, bags of candy bars, etc. alone in our room. Our restrained, self-conscious eating suddenly becomes almost violent, as though we were consuming all of our resentments, bitterness, guilt and other negative feelings with the food. It's no wonder that many of us prefer to eat alone, gradually shutting out

from our lives anyone who gets too close, anyone that could interfere with our precious, "tension relieving" binges.

Sometimes we kid ourselves that we're really smarter than the rest. Convincing ourselves that those pitifully insecure, insensitive Greeks involved in the "weightlifting incident" (Thin Can Be Fatal, 1/31) represent an entire half of the human race, we reason that our weight shields us from their demands, their attention and the inevitable pain that would come from getting too close to one of them. Supposedly this frees our time for "more important things." Like the anorexic quoted in your article, we decide to "control" our bodies, boldly choosing to overeat and gain weight in spite of (or maybe because of) pressure from family, friends and medical professionals.

Why would a person choose this lonely, ghastly lifestyle? Not because of some perverse wish to destroy ourselves, although many of us cart around more than our share of guilt, resentments, anger and self-pity. The real reason is that certain foods are addictive for us, just as alcohol can be addictive. I challenge any skeptic who consumes a moderate to large amount of refined sugars to abstain for a week without experiencing headaches, nervousness, depression or other withdrawal symptoms. This

addiction, not so different from alcohol and substance abuse, drags compulsive overeaters into the isolation, negative thinking and impaired judgement characteristic of our illness.

Born into a family of overeaters, I lived this description from the time I had any control over what I ate, about 15 years. Thanks to a beautiful group of people in Overeater's Anonymous, I am now a recovering compulsive overeater. I work a program of recovery similar to that of AA and follow a structured eating plan to the best of my ability. The Jekyll and Hyde eating has disappeared, and I can now talk to people that I run into without having to first hide whatever I was eating and the emotions that were eating me.

If there are some of you that identify with my story, I urge you to find an OA group. I also have some advice for those of you that pride yourselves on giving dry parties. While it is unreasonable and hopeless to ask you to stop serving food, remember that some of your guests may be compulsive. Provide a "way out," such as non-caloric beverages. Carrot sticks never hurt anyone. Above all, do what you can to deemphasize the food and instead, put more emphasis on social interaction. Also, if anyone reading this letter will be working with substance abuse education, either through elementary ed., social work, medicine, counseling, etc., I urge you to at least be open to the idea that overeating can be a form of substance abuse. Society will, in time, recognize it as such, but, the sooner the better.

Name withheld by request.

Dear Editor,

As a member of the Gamma Sigma Sigma pledge class, I was extremely disappointed to read the Feb. 14 article "Sorority pledges listed — Forty-nine women go Greek." The first error I noted was in the title. Sixty-four women went Greek, not 49. The 13-member GSS pledge class and its two honorary members were omitted. I believe that GSS is considered a sorority and part of the Greek system. If I am not pledging Greek, I wish someone would tell me right now.

The major difference bet-

ween GSS and a social sorority is that our main focus is service. The pledge class is required to do a service project as well as have a certain number of service hours. Otherwise, we go through a pledging period and are required to wear pledge pins and carry a pledge book. We have a Greek Spotlight, are governed by the same Greek rules and have Pan-Hel representatives, albeit non-voting. We participated in wake-ups and bids day. We are the Gamma Sigma chapter of the Gamma Sigma Sigma national service sorority. GSS pledges do not have to go through formal rush, but neither do the girls who received open bids. These girls are, however, considered Greek pledges and were listed in the Almanian article.

I would ask that this error be corrected and the pledge class and its two honorary members receive the credit we deserve.

Karen Sullivan

**(EDITOR'S NOTE: The list of GSS pledges was not submitted to Assistant Dean of Students Kathy Callahan, The Almanian's source for the names of sorority pledges, by the time of publication. GSS's winter term pledges are: Julie Gawel, Amy Hooton, Holly Liske, Nancy Mack, Ellen Martine, Susan Renaud, DeeAnn Richmond, Kathy Sargent, Nancy Stetler, Karen Sullivan, Lori Wiest and Kathy York. Honorary members are Mary Keller and Anne Waggoner.)**

Dear Editor,

In response to the Feb. 7 and Feb. 14 editions of The Almanian in which there were articles covering wake-ups, Gamma Sigma Sigma, the only national sorority at Alma College, would like to express its disappointment in not being included in those articles. Apparently there are many on campus who are not even aware that GSS exists even though it is the third largest sorority at Alma. We feel we are very much an integral part of the college as well as the Greek system even though we are not deemed a social sorority. Being Greek does not necessarily exclude service.

The Gamma Sigma Chapter at Alma College is one of a network of approximately 150 chapters across the country. We are based upon the high ideal of service to the campus

as well as the community. For instance, during Fall term the members of GSS contributed a total of 545½ hours of service through 16 group and 14 individual projects. Donations to various charitable organizations will total approximately \$700 by the end of the school year.

We do not wish to blame anyone in particular for this oversight, but we feel that our presence deserves recognition. We are making a concerted effort to be more visible on campus, however we still feel like "the forgotten sorority."

Ruth Lirones, Pan-Hel  
Representative

Deb Myers, Recording  
Secretary

Karen Goulasarian, President  
Gamma Sigma Sigma

Dear Editor,

I would like to thank all of the people who worked so hard to make International Festival '84 a big success. My heartfelt thanks goes out to all the members of the International Students Association, who participated in the planning and execution of the events of the week. I appreciate all of the work you've done. From making posters to designing table tents and sending out invitations (!), you were so helpful and cooperative; and our festival was the best ever!

Thanks also to all the members of Alpha Mu Gamma, especially to Jane Acton for her work on the details of the "Tour of China" presentation. I appreciate your cooperation, and I hope that next year the two organizations can again work together.

Thank you to the residents of Kirk International Center for all of your help with the coffeehouses. Thank you for putting up with a very demanding schedule and organizing the coffeehouses so well.

I would also like to thank the faculty and staff who attended the events of international week. I appreciate your support of the International Students Association and your interest in international and cultural experiences.

Again, thank you all. You are great people. You did it. And I applaud your efforts!

Anne Green  
ISA President

## Media Contest

Cash prizes awarded to top entries; also, honorable mentions in the following categories:

### RADIO

Script on tapes suitable for use on campus, in such categories as news/information, feature, etc. No entries over 30 minutes.

### NEWSPAPER

Stories suitable for inclusion in a college newspaper, in such categories as informative articles, feature, or editorial.

### PHOTOGRAPHY

Subjects suitable for campus publication. Both negatives and prints required. All negatives become property of the Scotsman, which reserves first publication rights.

**Deadline for entry is March 16, 1984. Submit all entries to Communications Committee, c/o Student Affairs Office.**

Judges reserve the right to withhold awards in any category if in their estimation no entries are of sufficient merit.



Classifieds

FUN AND HARD WORK WITH KIDS AS A CAMP COUNSELOR! YMCA STORER CAMPS IS... A caring Christian community serving kids 7-17. A 1,100 acre facility surrounding a 200 acre lake, featuring horsemanship, sailing, aquatics, wilderness camping, and outdoor adventure. International staff and campers. For further information contact: Nancy Clendenin phone 7752.

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Almost, but not quite. Nice try, Dwight!

QUOTE OF THE WEEK: I lay less than half him.

So, D.B., heard that you were looking for a vase. See you found one. Too bad you had to empty it all in one night!

Dear S.L., Due to increased harassment, Marker Wars have returned. Who's going down first!?!?

Tough(Tender)/Teke: This is a belated Birthday Bomb(gram?).

Loving (laughing) Loyalists

D.B., What is the problem with finding a room? Haven't you noticed the increase in musical rooms on campus? Check with K.S. Hers is for rent!

Di- Africa here you come!! I hope it's you!! Watch out for those little men!

Die Andere Katze-lieber

Kristy, Diane, and Maria: IT'S OVER!!!! We did it!! Wine is in order!

The pres

The Pine River Anthology is holding a campus wide competition in order to select a cover for the 1983-1984 magazine. A winner will be selected on Friday, March 9th and awarded a \$25 prize. Please submit work to Deb Burzyck (ext. 7691) or to Alison Avery (ext. 7948) on or before March 6, 1984. Also, The Pine River Anthology is accepting art work to be published in the 1983-1984 magazine. If you are interested, please contact the above mentioned people for details.

Dear Campus, My personal was ignored, so if you are a supporter of my realm of thought, my appreciation. If you have "important things to do", like be a cute servile sheep, waiting to be led by the nose down the easy, non-challenging road to Resume, my condolences. Thanks to certain writers of personal slam letters for showing clearly your subtle charms for all to admire. Gosh, do you think you can make it all the way to our next break?

The Renaissance Man

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My Beloved Jeffrey: Words alone cannot describe the depth of my emotion. You are a breath of fresh air as on a dry desolate plane - you are my morning coffee - you are the meaning to my life - you are like a game of frisbee in the middle of February - you are also quite likely to strangle me - and I will probably never hear the end of this. Oh well, we're young...

Patricia

	Breakfast	Lunch	Dinner
Tuesday	Homemade Donuts Pancakes/Syrup Scrambled Eggs Soft & Medium Eggs Creamed Potatoes English Muffins Hot Oatmeal	Chicken Rice Soup Hot Roast Beef Sandwich Tuna Noodle Casserole Egg Foo Young Whipped Potatoes/Gravy European Vegetables	Southern Vegetable Soup Turkey Cutlet Italian Lasagna Polish Sausage Sandwich Whipped Potatoes Mixed Vegetables Garlic Bread
Wednesday	Blueberry Muffins French Toast/Syrup Poached Eggs Scrambled Eggs Hearty Fried Potatoes Bagels Ralston	Tomato Soup Hamburger Ham & Cheese Pita Tuna Salad on Whole Wheat French Cut Green Beans Corn Chips	Canadian Cheese Soup Grilled Ham Steak Batter Fried Haddock Beef & Bean Burrito Au Gratin Potatoes Spinach Hard Rolls
Thursday	Homemade Donuts Waffles/Syrup Scrambled Eggs Fried Eggs Hashed Brown Potatoes Bacon English Muffins Hot Oatmeal	Garden Vegetable Soup Bacon, Lettuce & Tomato Sandwich Vegetarian Cheese Lasagna Egg Salad on Whole Grain Green Peas Potato Chips	Beef Barley Soup Fried Chicken Baked Meatloaf Cheese Omelet Oven Browned Potatoes Whole Kernel Corn Biscuits
Friday	Bran Muffins Pancakes/Syrup Soft & Medium Cooked Eggs Scrambled Eggs Home Fried Potatoes Bagels	Bean Soup Fishwich Eggplant Parmesan Ham Salad on Rye Broccoli Cuts Potato Chips	Turkey Noodle Soup Philadelphia Style Steak Sandwich Baked Cod Mushroom Spinach Quiche French Fries Carrot Coins Sesame Seed Rolls

Dear Renaissance Man: Ooooh! It seems that you hit a nerve!

Saar

The All New Big People of Alma Calendar! They're here! Big arms and shoulders! Bigger midsections!! Even larger heads!!! Order early and get a free Garfield mug for your very own!

CONGRATS LYNETTE! I knew you'd get it all along! Good luck with the Committee. It should be a great start to the big SENIOR year!

D.D.S.

DEAR EDITOR How 'bout that invisible faculty!! By the way, how many times did you miss class last term. See you at the next Roundtable...Better get there early though since anyone who is anything will surely be there An invisible student

Frog- How many shades of red can YOU turn?

Renaissance Man and Fred D. If I see your names in here again I'll kill you. You're really stupid.

An Alma Man

FOR SALE: Yamaha CP-10 electric piano, w/case; has 4 tones, tremelo and equalizer. Also an Acoustic 75 watt amp. Condition like new. Call Dave Sherwood, ext. 7883.

Susie, Wacky, Vicki, and Frog: Thanks so much for a great Valentines Day! It did wonders for my emotional state.

Patti

To women basketball players: Each and every one of you worked so hard to make the 1983-84 season a successful one. You are winners not only because of your record, but because you never quit trying to improve. Our strengths have been and will continue to be the bonds of support and friendship we have for each other. I hope you are enjoying the season as much as I am! Go Scots!

Marie Tuite

XI PSI UPSILON PI We really cleaned up with 8 staggering our way and they're on their way to something, no doubt. As we enjoy the incredible freedom of continuous rush, baiting and arrival, we await more who wish to make The Final Commitment. Look out for our coming Snow Frisbee Tournament, another event for the Black, Red, White, Yellow and Green Machine to dominate.

Straycat II: Convo-b? Why whatever do you mean? It does not seem possible - March 15, 1981 seems like yesterday.

Straycat I

LIBRARY WINTER RECESS HOURS			
2/24	Friday	8 am - 5 pm	
2/25	Saturday	Closed	
2/26	Sunday	Closed	
2/27			
3/2	Mon-Fri	8 am - 5 pm	
3/3	Saturday	Closed	
3/4	Sunday	6 pm - 11 pm	

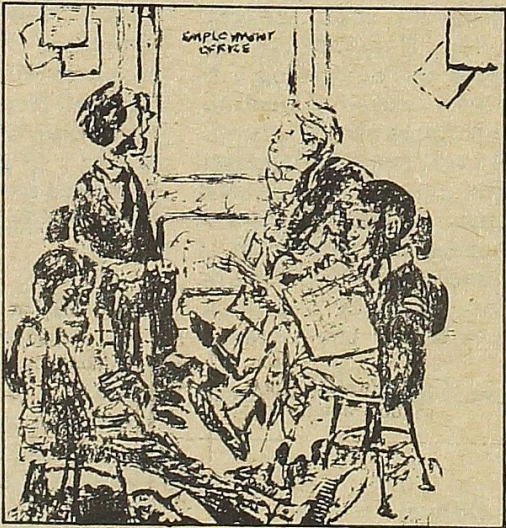
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Central Michigan University's Military Science Department by arrangement with Ferris State College is interviewing Alma College sophomores for future positions as Army officers.

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You are not joining the Army by attending ROTC Basic Camp. There is no obligation. What you experience at camp, however, could give you the desire to participate as a guest student in CMU's two-year Advanced ROTC Program.

Army ROTC



FOR MORE INFORMATION:

VISIT: SGM Eduard G. Cantu Military Affairs Office Wilcox Medical Center From 1:00 to 4:00 p.m. 20 to 24 February 1984

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