

Spirit week prepares students for homecoming festivities

By JANE ENGEL
STAFF WRITER

With the first Spirit Week on campus, a tie for homecoming court (allowing for 12 students to make up this year's court), and alumni returning to campus for homecoming, there was a lot of school spirit on campus last week.

Thanks to the Student Athletic Advisor Committee (SAAC), students were able to participate in the first Spirit Week at Alma College, where each day of the week leading up to homecoming had a different dress up theme to promote school pride. "College homecomings are not as big as high school homecomings, so we are trying to build up school spirit," said **Andria Baker ('12)**, president of SAAC. "This year, because we had such a good response of people being in Maroon Monsoon (the student fan section for Alma sports), [we said] let's do spirit days kind of like in high school, but for college students."

Students participating dressed up according to that day's theme so they could share in school spirit and celebrate homecoming: Monday was jersey day, Tuesday was hat day, Wednesday was blackout day (students wore black), Thursday was neon day, and Friday was Scotts day (students wore Alma clothing).

SAAC also hosted some activities for students. The biggest event SAAC put on was the "Sports Crawl," a play on the typical bar crawl, where students were taught alcohol awareness.

The theme of the alcohol awareness program was "don't



Devin Brines: Staff Photographer

Mark Stuart ('12) and Alexa Gilbert ('12) were awarded the title of Homecoming King and Queen at the game last Saturday.

black out," which is why students wore black on Wednesday, said **Alyssa Adams ('14)**, president of Maroon Monsoon.

Students "crawled" from the women's soccer game at 4 p.m. to the women's volleyball game at 6:30 pm on Wednesday night.

During the half time of both games, students involved participated in games, such as relay races, while wearing goggles to impair their vision, just as alcohol and other drugs impair a person's

vision and depth perception.

"This way students could see that drinking does impair your body," said Baker. "[When you] wear [the goggles], you feel like you can't make correct decisions, like where to walk or how to pick objects up."

There were four types of goggles: sober goggles, moderate drinking goggles, extreme drinking goggles, and marijuana goggles.

Olivia Bishop ('13), did not participate in the races, but she

was able to experience other students' reaction to the goggles by watching from the sidelines.

"During the volleyball game two people were given a pair of beer goggles with different intensities, and it was interesting to see how challenging it was for them to catch a ball because it impaired their depth perception so much," she said.

Also, students received red cups with facts about alcohol intoxication to

promote alcohol awareness.

Baker and Adams were happy with student participation. Baker estimated about a third of the student population participated in Spirit Week.

Not only did students express their school spirit by participating in Spirit Week, Alma seniors on the 2011 homecoming court

See 'Spirit Week,'
cont. on pg. 2

Art exhibit challenges students to speak up

By KELSEY BLADES
STAFF WRITER

The celebration of cultures at Alma continues. As Hispanic Heritage Month (September 15-October 15) winds down, Native American Heritage Month is set to begin in November. The two events are linked by an interactive art exhibit by Alma-born artist Dylan A.T. Miner.

"I see this show as one that investigates important, but commonly ignored histories, while also bringing these issues to the present," said Miner.

The exhibit, entitled "Preoccupied," is on display in the Clack Art Center from October 10 through November 10. It includes several framed prints, pennants, and a series of protest signs.

"Dylan's exhibit has two parts," said Megan McCullen, instructor of sociology and anthropology. "One is a series of prints of immigrants and indigenous sports players. The other is an installation that questions our

beliefs about capitalism and relates to the current protests that are going on across the country relating to big corporations."

**"By creating artwork,
I open possibilities
[to the audience]. It
is your responsibility,
if you feel so inclined,
to act with this newly
acquired knowledge."**

-Dylan A. T. Miner

"Each of my prints tells a particular story of popular resistance and struggle," said Miner. "I am interested in telling the stories and events of working peoples... [because] for me, these are the stories of the victorious underdog, a story that working people here in Michigan can understand. The work hanging in the hallway gallery addresses politics of immigration and the

use of Native mascots in sports. . . . [The artwork] addresses our current economic situation and growing popular dissent."

Included as part of the exhibit are books from Miner's library for the audience to read, as well as blank signs and markers. McCullen said these materials are provided so that students and community members can participate in the installation as well by creating their own signs. "The idea is that students will not just observe the art, but participate in the creation of art while in the gallery," she said.

"I am particularly interested in having the audience—primarily students—comment on what is currently happening in New York and seeing if it has resonance in Michigan," said Miner.

"Does the Alma community have anything to say to those in Occupy Wall Street? Does it have anything to say to corporate elites? Or, inversely, does this have little importance here?"

Miner is a professor in the Residential College in the Arts and Humanities at Michigan State University. He is also a member of the Justseeds Cooperative, a collective of artists who use their art for social justice.

"I think we should all be active participants in our communities," said Miner. "My artwork, as well as my writing and teaching, provokes us to think critically about current issues. For me, activism challenges society to build better and more just institutions. Art, as a form of activism, allows me to pose difficult questions."

Although art may appear to be diminishing in importance in light of today's technologically inclined world, the impact it can have on the world is not to be underestimated.

"I think that it is the responsibility of the artist, as a public intellectual, to confront a system that has created such huge economic and social disparities within its short life," said Miner. "I believe that to be an artist is to speak from a place of privilege. From this privileged position, it is my responsibility to use my visual practice in just and responsible ways."

"By creating artwork, I open possibilities [to the audience]. It is your responsibility, if you feel so inclined, to act with this newly acquired knowledge."

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cloudy/ Windy 56°	Few Showers 51°	Few Showers 50°	Partly Cloudy 49°	Mostly Sunny 54°	Partly Cloudy 57°	Partly Cloudy 57°

Students examine drinking habits for alcohol awareness

By ERIN STONE
STAFF WRITER

Did you know that 78 percent of 18-25 year olds drink alcohol? Well, the fact is that many students at Alma College not only fit the age group but they are also in the 78 percent that partake in drinking.

Even if you don't drink alcohol and don't plan on doing so, the Counseling and Wellness Center on our campus wants to make each and every one of us aware of alcohol next week and always.

The center is calling all students to participate in a focus group called "The Social Norms of Alcohol Use." These small groups are confidential. You only need to attend one session, and are used to learn marketing message preferences regarding alcohol use.

The feedback from the sessions will be used to design health messages for the Alma College student body.

All of the sessions will be held in the Van Dusen Fireside Room. To find out more information about these groups or to reserve your place in one, you should e-mail Heather Cole at colehm@alma.edu.

Free pizza and pop will be given to everyone who participates in one of these sessions. There will also be a chance to win a \$50 gift certificate to the College Corner Bookstore.

Also, a program called Brief Alcohol Screening and Intervention for College Students (BASICS) is an alcohol assessment and education program offered free to Alma College students who want to explore their alcohol use.

Some students attend BASICS because they want to learn moderation strategies to reduce negative consequences from drinking. It's designed to assist students in examining their own drinking behavior in

a judgment-free environment. Students can set their own goals, which will hopefully reduce risky behavior and consequences.

BASICS is also in conjunction with e-Check Up To Go (e-CHUG), which is an interactive web survey that allows you to enter information about your drinking patterns and receive immediate personalized feedback about your use of alcohol and how it compares to other Alma College students. It takes about six to seven minutes and will ask personal information, drinking habits, and family history, as well as a World Health Organization's AUDIT. It calculates a wide range of variables and gives you easy to read results.

For information about any of the above information or to set up an appointment, contact the Counseling and Wellness Center, open on weekdays from 8 am to 5 pm, at ext. 7225, off-campus at (989)-463-7225 or visit today.

This week at Alma College

Monday, October 17:

Alumni Art Show from 9 a.m. to 5 p.m. in the Clack Art Building

Tuesday, October 18:

Alumni Art Show from 9 a.m. to 5 p.m. in the Clack Art Building
Graduate Theological School Fair from 5 to 7 p.m. in the Faculty Dining Room
ACUB Movie Night at 8 p.m. in Jones Auditorium

Wednesday, October 19:

Alumni Art Show from 9 a.m. to 5 p.m. in the Clack Art Building

Saturday, October 22:

Ann Duffy Speaks on Sustainability at 2010 Vancouver Olympics at 10 a.m. in the Heritage Center

Andy Dick shows 'Division III: Football's Finest' at Alma

By ERIN STONE
STAFF WRITER

If you saw a familiar famous face on campus from movies and criminal offenses alike, you probably saw Andy Dick. Dick showed "Division III: Football's Finest" to the Alma College campus last Wednesday.

The movie is about Division III football at Pullham University that grows from a losing team to a winning team. The team affectionately known as "The Blue Cocks," is coached by Rick Vice, who is portrayed by the one and only Andy Dick.

The director of this film, Marshall Cook, played the backup quarterback Mitch DePrima who actually worked his way up to becoming the official quarterback by the last game.

Another potentially recognizable cast member is former American Idol star and Type I Diabetes advocate Kevin Covais, who plays Allen Schwartz, the roommate of DePrima and a member of the football team.

Cook received inspiration for this movie after playing quarterback for 10 years, including playing for two years at Occidental University, a Division III liberal arts college in California. He received degrees in film, new media production, and theater.

In 2006, the short "Division III" came out—the short of what is now "Division III: Football's Finest." Filming began in 2010 and by 2011, the movie was complete.

'Spirit Week,' cont. from pg. 1

were also filled with school pride as they represented the college.

There were 12 students on court this year because there was a tie in the voting. The men on this year's homecoming court included **DeAndrea Crenshaw ('12)**, **Zachary Johnson ('12)**, **Ryan Mathews ('12)**, **Mark Stuart ('12)**, **Garrett Thelen ('12)**, and **Brett Yzquierdo ('12)**. And the women on court were **Krystine**



Members of ACUB and the Alma football team stand with Dick who presented 'Division III: Football's Finest' last Wednesday.

Elaine Cunningham: Staff Photographer

This movie contains some pretty graphic content, and it's definitely not a family-friendly film. The audience for the movie screening consisted of mostly football players and some members of ACUB.

As far as Andy's history on the screen goes, he was in the "Lion King: Simba's Pride," "Zoolander, Funny People," and "Dude, Where's My Car?" Dick also had

his own show called "The Andy Dick Show" in the early 2000's and he was also involved in more popular shows like "America's Next Top Model" and "Community." Before becoming famous, he was involved in the iO Theater Company that has also appeared on the Alma College campus.

"People either love me, hate me, or go 'Oh my God,

David Spade!" Dick said.

Andy Dick will be traveling the country with Marshall Cook to show this movie to many more Division III liberal arts colleges.

Alma College was his first stop and he was very impressed with the Heritage Center. It will be showing in select cities, namely Los Angeles, on November 18 and will also be

available on Netflix soon after.

If you need something to do over Thanksgiving Break to distract you from your family members, this could be a solution. In fact, Andy Dick himself recommended it.

If you would like more information on future events in the Heritage Center, contact the box office.

Elchuk ('12), **Alexa Gilbert ('12)**, **Mabel Gonzalez-Morales ('12)**, **Cameron Learman ('12)**, **Melissa McIntosh ('12)**, and **Mary Polacsek ('12)**.

For Crenshaw being on court means a lot.

"It's a honor to think that I was one of six men selected along with my two fraternity brothers Zach Johnson and Ryan Mathews, to be on the homecoming court. Being on homecoming court means that I have made it from freshman to senior year balancing my academics and social life successfully."

"I'm so excited to be on the homecoming court. I attended an all-girls Catholic high school, so I didn't have a chance in high school to be on homecoming court. I'm glad to be a part of the homecoming celebration!" said Polacsek.

Other members of the homecoming court told about their favorite memories while at Alma College.

"Last winter, there was a late night fire drill in Newberry. Instead of waiting outside in the freezing cold, a bunch of us girls walked barefoot into the library

in our pajamas, ordered pizza and ate all of Highland Java's chocolate cookies. I don't think a single person in the library studied for the rest of the night... only at Alma can the library be so entertaining!" said Elchuk

"One of the best memories that I have had at Alma College is going Greek," said Gonzalez-Morales. "I remember the night I signed my bid. One hour after signing it, I had friends for life! I'm so excited to see all of our Greek alumni return to campus during homecoming weekend

because I know that I'm going to be part of that group next year and it's so nice knowing you have something to go back to."

Spending time with alumni is an important part of homecoming, said Mary Lou Ecken, advisor of Alma Leadership Alliance (ALA), the group on campus responsible for planning homecoming.

"I hope they meet some alumni and see what Alma will mean to them in the future," said Ecken. "I encourage students to talk to alumni when they are here because they are excited to be back."

Alma College theatre performs classic tragedy “Antigone”

By LAUREN ANDALORA
STAFF WRITER

Students in the theatre department here at Alma College worked together to put on a performance of Sophocle’s “Antigone” that ran from last Thursday through last Sunday.

“Antigone” is a tragedy set in the fifth century B.C., named after the daughter of an incestuous relationship who buries her brother after the king decrees that no man can bury a person who is guilty of betraying the city of Thebes. Antigone is then sentenced to death and locked away in a cave.

Many people feel for Antigone, including the son of King Creon, who then kills himself, which leads to the suicide of his mother, the queen.

“The play examines the idea of natural or ‘divine’ law in juxtaposition with state law,” said Joe Jezewski, associate professor of theatre, who adapted and directed the play. “This is a very thought-provoking play that people still read and perform today.”

The leads were fulfilled by **Emily Roberge** (‘14) as Antigone and **Graham Morgan** (‘14) as King Creon. Other actors included **Olyvia Brown** (‘14), **Joshua Cousineau** (‘12), **Cavin Mohrhardt** (‘13), **Tara Riedel** (‘14), **Hannah Korell** (‘15), and **Roxanne Sheldon** (‘12). The chorus was played by **Samantha Arthur** (‘15), **Erica Kamm** (‘14), **Lauren Kittrell** (‘12), **Carolyn Nagle** (‘15), **Shelby Marie Schroeder** (‘14), and **Edward Webb** (‘14).



Photo Courtesy of Lauren Kittrell

(Left to right) **Shelby Schroeder** (‘14), **Emily Roberge** (‘14), **Lauren Kittrell** (‘12), and **Olyvia Brown** (‘14) admire Tina Vivian’s classical Greek costuming and makeup.

“Antigone ignored the laws of the state to follow a higher morality,” said **Stephen Schlaack** (‘12). “There is this eternal sanctity of the soul that sometimes is challenged by attempts to benefit the common good.”

This play can incite dialogue about the implications of choosing to follow divine law over state law and the subsequent anarchy this may lead to, according to Jezewski.

“I love that there is no bad guy in this play,” said Morgan. “I loved Creon because he feels so intensely, and really wants the best for his people. His passion

“The play examines the idea of natural or ‘divine’ law in juxtaposition with state law. This is a very thought-provoking play that people still read and perform today.”

—Joe Jezewski

and range of emotion made for a fun acting experience.” Costumes were designed by

Tina Vivian, visiting instructor and costume designer, and the set was designed and built by Victor Shonk, assistant professor of theatre.

“To me, ‘Antigone’ is a story of a girl’s struggle to maintain that she is right in her actions because she knows in her heart that it is right, and a king’s struggle to maintain what he believes is right, which conflicts with Antigone’s point of view, because the king believes that it will be best for the group, for the state,” said Mohrhardt. “My role is of Haemon, the king’s son, who tries

to be the voice of reason for him.”

“This is my third year in the program and I have loved every moment,” said Mohrhardt. “You learn a lot about yourself.”

According to Mohrhardt, students learn not only how to act, direct or design, but to be a better human being.

“I think this program would be great for anyone willing to take a chance to learn a little more about themselves and their humanity,” said Mohrhardt. “It opens you up to new opinions and viewpoints of the world, and teaches you to be more observant.”

Many things are notable about the Alma College theatre program, according to Mohrhardt, but one thing stands out.

“The dedication and level of professionalism that the professors in the department instill in us students to always do our best possible work is amazing,” said Mohrhardt. “We treat it like a job; it’s our work. You are treated like an adult and as an equal in our space.”

Another thing that stands out is the unity of the company, according to Mohrhardt.

“I spend most of my downtime with people from the department, and when we are together we mostly talk about what we have done that day, and we never get tired of it,” said Mohrhardt. “Our department head, Joe Jezewski, is also a diamond in the rough here. The amount of time and hard work he puts in for us students goes way above and beyond his normal duties as a professor. He is always helping us and teaching us to grow.”

Downtown Alma celebrates harvest with Fall Festival

By RYAN HERZOG
STAFF WRITER

Downtown Alma will host its first annual “Fall Festival.” Stores located between Downie and Superior streets will stay open later than usual to participate in activities. Residents of both the city and the campus will take part in providing games and events for the community.

The Fall Festival is for everyone to enjoy, according to Alma’s Chamber of Commerce. Raffles, costume contests and other activities will take place.

Businesses will invite people to come inside and look around. Anybody that spends more than \$5 at a store will be entered into a drawing for prizes. Businesses will also host their own activities for public participation.

Festivities are planned to begin Thursday, Oct. 27, running from 5 p.m. to 8 p.m.

Events for children will include a hayride, face paintings, and music.

“This event will facilitate networking between the college and local businesses. Hopefully, the Fall Festival will bridge the gap that has existed between campus and the surrounding community.”

—Aeric Ripley,
district manager of the
Downtown Development
Authority

Greek and student organizations will host “Trunks For Treats,” an event where costumed children walk around to decorated vehicles where volunteers distribute candy from the trunks of their vehicles.

Events won’t be just for children. A costume contest for adults will be held at Braveheart’s pub. Student-run a cappella groups, one being “Pretty

In Plaid,” will come to sing.

Anybody who wants to volunteer is welcome to help out with the activities. Interested parties can contact Sam Lachance at lachanceisb@alma.edu, or Murray Borrello at borrello@alma.edu.

“This event will facilitate networking between the college and local businesses,” says Aeric Ripley, the district manager of the Downtown Development Authority. “Hopefully, the Fall Festival will bridge the gap that has existed between campus and the surrounding community.”

Alma College and the City of Alma share a mutually recognized need for the town and college to interact more. Organizations such as the Center for Responsible Leadership, Student Life, Alma’s Chamber of Commerce, the City of Alma, and even President Abernathy endorses community-college interaction. This idea is what the Fall Festival was orchestrated around, says Ripley.

“While people who participate in the events will benefit, volunteering students and businesses will benefit from

this the most. This is a chance for students and businesses to network, to establish lasting bonds between the town and students,” says Ripley.

Though a significant part of the town’s population, students don’t seem to be integrating well with the surrounding community, says the Center for Responsible Leadership.

“Alma and Gratiot County have a lot to offer. There are awesome community members here who want to get to know us. We, as residents of this area, need to give back to the city and the people that host us for an important part of our lives.”

—Andria Baker (‘11)

The campus community seems to keep to itself and rarely

leaves the “Alma bubble.”

“Not a lot of students go downtown to see what is there so, unfortunately, your average student doesn’t know much about the city of Alma,” said **Andria Baker** (‘11). “The problem with that is that great people come to Alma and just leave. We want to expose them to the place where they will live for four years of their lives and to see the potential that is within the local community.”

As a college senior who has lived in Alma for the past four years, Baker has become passionate about both the city and Gratiot County. She considers Alma her new home, doing internships over the summer here and rarely, if ever, going back to her own hometown. She says that Alma is a special place for her, and she wants to help the community out as much as she can.

“Alma and Gratiot County have a lot to offer. There are awesome community members here who want to get to know us,” said Baker. “We, as residents of this area, need to give back to the city and the people that host us for an important part of our lives.”

Literacy Beyond Borders' guest to discuss international education

By KELSEY BLADES
STAFF WRITER

student group Literacy Beyond Borders (LBB) seeks to remind students what a blessing and privilege it is to go to school, and to promote education abroad.

"LBB works to support education and literacy development internationally by working with two schools in Ghana and locally through a partnership with Alma Public Schools," said **Alaina Dague ('13)**.

Ghana native Richard Kwashie Yinkah is the founder of the non-profit, non-partisan, volunteer non-governmental organization Disaster Volunteers of Ghana (DIVOG).

DIVOG is the organization in Ghana with which LBB is partnered. Dague says it was founded "with the goal of ensuring equitable access to education for all Ghanaian children." Since its original foundation in

1997, DIVOG has established "hundreds of schools in the country [of Ghana]," said Dague. LBB is bringing Yinkah

"We send 'reading buddies' every day to support literacy development and help make reading fun."

-Alaina Dague ('13)

to campus to give a lecture on international education.

"He will be speaking about his experiences and efforts in improving the Ghanaian education system as well as about leadership," said Dague. "His talk will be preceded by a presentation by **Amanda Shaffner ('14)** and **Mercy**

Bourdet ('14), who volunteered with DIVOG this past summer."

DIVOG assists both rural and urban communities in Ghana. Its support and services are not limited to providing education; other areas include healthcare and environmental awareness. DIVOG also provides assistance in times of natural and man-made disaster. It is supported through contributions from members, concerned philanthropists and individual volunteers, and is based in the Ho municipality in the Volta region of Ghana.

According to DIVOG's website, www.divog.org, the organization has placed 30 volunteer teachers from the United States, the United Kingdom, Denmark, and Canada in eleven primary, junior high, and senior high schools in Ghana since 2002. Eight three-unit classroom blocks, including

offices and stores, have been placed in eight rural community schools since 2007, thanks to local support and volunteers from the United States, the United Kingdom, Denmark, Spain, Australia, Italy, and Greece.

Dague says LBB activities include "send[ing] several students to Ghana each summer to teach and offer other support to our partner schools. We also fundraise and provide financial support to these schools for purchasing books and supplies, development, and other necessities. Our students have the opportunity to help teach classes while there as well."

On the local level, LBB works with the afterschool program at Alma Middle School. In Dague's words, "We send 'reading buddies' every day to support literacy development and help make reading fun!"

Spring terms explore international horizons

By LAUREN ANDALORA
STAFF WRITER

Alma College encourages its students to explore the world and study abroad by requiring participation in two spring terms before graduation. Students can choose to study in the United States or internationally, and they can choose from a variety of academic disciplines.

"My sophomore year I took a chemistry/teaching spring term to Argentina where we studied the arsenic in the water and taught middle school children a science lesson," said **Emily Garrett ('12)**. "My favorite thing about my trip to Argentina was when we went to Iguazu and zip-lined in the jungle," said Garrett.

Garrett has a few recommendations for students going on a spring term.

"Pack lightly because you will want to bring back a lot of things," said Garrett. "Also, don't be too tight with your money while abroad. It is a once-in-a-lifetime chance, and it would cost a lot more to fly back and buy it, so spend the money and keep a memory."

"Pack lightly because you will want to bring back a lot of things. Also, don't be too tight with your money while abroad. It is a once in a lifetime chance, and it would cost a lot more to fly back and buy it, so spend the money and keep a memory."

-Emily Garrett ('12)

Garrett also encourages students to remember that spring terms are graded courses. "Take things seriously, but still have fun," said Garrett. "Enjoy different foods, meet new people, discover new things—you can sleep on the

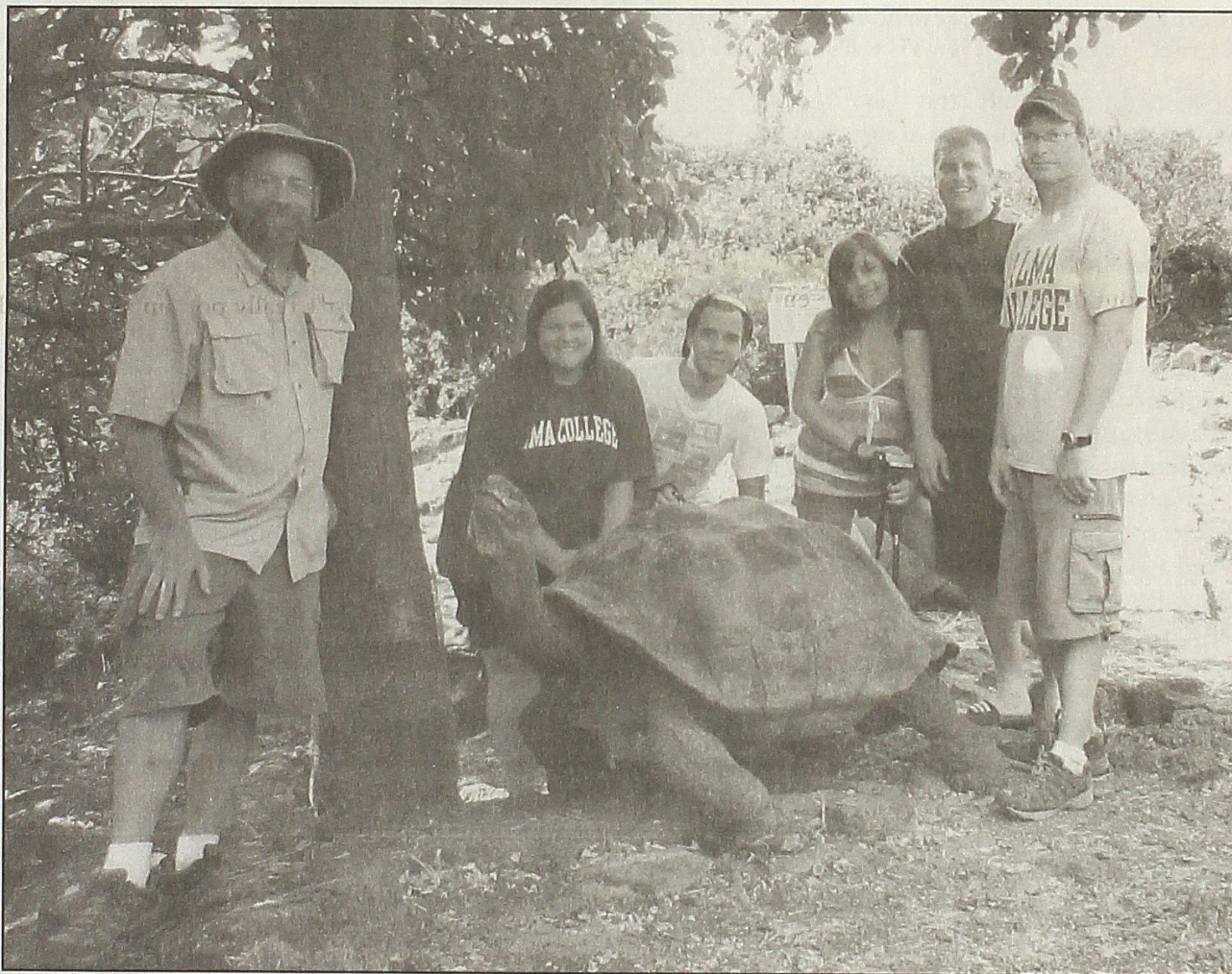


Photo Courtesy of Dr. David Clark

Research students pose with their scientific subject in Ecuador. Alma students will continue studies in the Amazonian regions of Ecuador this spring.

plane on your way back home!"

This is the sixth consecutive year that a spring term to Argentina will be offered at Alma College.

"I think it is an important learning experience to explore foreign cultures and be completely immersed in a lifestyle for three weeks," said Melissa Strait, chair and professor of chemistry. "Students will take Spanish lessons and explore various places for scientific and cultural studies which they will write about."

The prerequisite for this spring term is one course in science, and it is open to all majors.

"If we have time, we will go to the Iguazu National Park, which has a waterfall that dwarfs Niagara's, and the Andes Mountains," said Strait. "We land in Buenos Aires, but travel to tour many cities to experience the art, food, and other cultural elements."

Applications are due October 24th.

This May, there will also be

two spring terms to Taiwan.

"This spring term is the second half of our cultural exchange with Tainan University," said Carol Fike, chair of theatre and dance. "We hosted 31 dancers for ten days in September, and now we get to visit and perform at their University, which is a first in the History of the Alma College Dance Department."

Students will be staying at the Tainan University of Technology in Taiwan from May 5-19.

"While there, we will be taking a variety of dance classes, both western (i.e. modern, ballet and jazz) and eastern (i.e. classical Taiwanese dance)," said Fike. "In the evenings, we will be in rehearsal preparing for our formal performance on May 17th."

This spring term is for Alma College Dance Company members only. Eleven dancers are already on board, which leaves one spot open, according to Fike.

"I will be chaperoning along

with visiting Assistant Professor of Dance Samantha Shelton and Adjunct Instructor of Dance Kristen Bennett," said Fike. "We have all been invited to share our choreography and will be presenting three pieces for the formal concert in Taiwan, and at our ACDC concert at Alma in March."

Chih-Ping Chen, chair and associate professor of English, will also be leading a small group of students around her home country of Taiwan, and will meet up with Fike's students for certain events.

"I think it is important that students visit Asian countries, along with European countries," said Chen. "The president is planning to bring more students from China to Alma, so it would be good for us to familiarize students with this culture."

This is a Quill (S) course, which will require students to keep a travelogue, write a short story, and record dialogues to analyze for suggestions

of character and personality.

"I want this to be a fun way to explore culture," said Chen. "We will also do this by visiting historical sites, art museums, the Presidential Palace, the National Museum, the 101 Tower in the capital, a Buddhist Temple, a Confucian schoolhouse, and the rural hillside."

"We will also go to the Night Market for some delicious food, and an Aboriginal Ceremony where we will meet Carol Fike's dance class," said Chen. "We will take a 'bullet' train to Taipei, where we see how the old can be mixed with the new, take a pottery tour, explore values through an examination of the tea ceremony, and meet Chung Hsing University students."

The application for this trip is due November 1st.

Students wishing to go to China may take a spring term with Zhewei Dai, assistant professor of Mathematics.

"I want students to explore the culture of China, a country with a booming economy, and an image of modernity that obscures some of the social issues, such as migrant workers," said Dai. "I don't want students to simply scratch the surface. I want you to be a traveler, not a tourist, and go deep into the contrasts of huge cities and small towns."

Dai was born and raised in China, and has experienced poverty. She hopes students will come to appreciate what they have here in America through this experience.

"What I teach in the classroom can't impact your behavior as much as actually being there and seeing a situation can," said Dai. "This is not just for business majors, but anyone interested in exploring China."

The deadline for application is October 24th.

Other international spring terms include studying behavioral ecology and lizards in Bermuda with Dr. David Clark, and studying natural history, ecology, politics, culture, and economy in New Zealand with Dr. Melvin Nyman and Dr. Eric Calhoun.

“My Tehran for Sale”: beatings and more

BY ISRAEL PACHECO SANTOS
STAFF WRITER

Ninety lashes and one year in an Iranian prison is the sentence that awaits Marzieh Vafamehr, an actress whose role in the film “My Tehran for Sale” has subjected her to this cruel fate. The film was shot in the Iranian capital of Tehran and depicts the Islamic nation’s totalitarian rule over its people. The film tells the story of a young actress whose theater work is banned by the authorities. She is then forced to lead a secret life in order to express herself artistically, eventually meeting an apostate who helps her plot her escape from Iran. According to the Huffington Post, the film is banned in Iran because of its negative outlook on both Islam and Iran. The

Iranian government also claims that the film is banned because it failed to acquire the correct permits before production. It is my belief that this film is banned because Marzieh is depicted, in several scenes, without a hijab and with a shaved head. According to Islamic belief, women are not allowed to shave their heads because hair is a sign of beauty, and the Quran forbids this. Also, it was later proven that the correct permits for filming were actually obtained. One may conclude that this injustice is purely based on religion and the government’s fear of losing control of the people. Therefore, the imprisonment of Marzieh is an attempt to use her as an example of what will happen to women who choose to express their rights or individualism. Through Marzieh’s example, the

strict Islamic government will tell women that, if they do not conform to social rules and choose to disregard the Quran, they too will be put in jail, or possibly receive

One may conclude that this injustice is purely based on religion and the government’s fear of losing control of the people.

-On tyranny

an even stricter punishment. I do not consider myself an expert on Islam religion or Iranian politics. Consequently, I will not voice all the wrongs I see

within the way that some Islam extremists carry out their beliefs. However, I believe there is something wrong with this interpretation of the Quran if the people in power use this interpretation to enable them to suppress women and to also allow the abuse of women. By passing this sentence, we see that this religion potentially allows for the whipping and imprisonment of any woman who trespasses against Islamic ideals, and it is through this religion that adherents promote and sanction these severe punishments on women. Self-expression and artistic taste are subject to scrutiny, and we are all allowed to judge art and the people who produce it. If you do not like something or someone, voice your opinion and be on your way. In this day and

age, there is no reason anyone should be severely beaten or placed in jail for self-expression. Using religion to allow for women to be stoned and whipped almost to the point of death is clearly a backwards ideology. As citizens of humanity, we should promote the education of countries that are controlled by fear and an extreme religion. I am not promoting the total abandonment of the Islamic religion; I am telling people to become educated and not let their lives be dictated strictly by religious canon. However, as tragic as this may sound, there is a hint of a bright side. Thankfully, Marzieh is not being stoned to death. The Iranian government seems to have slightly advanced towards the option of prolonging the suffering of a nonconformist.

Facing the freshman fail: college is different

BY LISA FOLKMIRE
STAFF WRITER

That “D” on your paper would have never happened back when you were in high school. One year ago, you were an honor roll student, top of the class. You were always ready to handle any essay in half an hour, pushing until 11:30 p.m. to start it. Math problems didn’t take a second thought. And science, well, as long as you knew what was flammable and had a pair of goggles on hand, you could pass it in a cinch. But now the tables have turned. No longer are you able to procrastinate the day away and put aside a mere half-hour for studying. Now you have to dust off the ol’ brain and pull out the thesaurus. Welcome to college. At this time of the year, when the midterms are coming hot off the copy machines and the social lives seem to have come to a complete halt, many freshmen are pulling out their hair after receiving less-than-average test grades. This “freshman fail” should have been expected. We had been well-warned that college would be

more than the next step up from high school. Instead of getting a couple of worksheets a night to fill out and a chapter of reading, we are faced with lectures to take notes from and tests that seem to cover half the book. Of course, when the tests come back, that letter seems to bounce off the page and taunt you for your “inability” to grasp the subject. But don’t let it get to you. That’s the first step to success. Still, the shock can often seem like it is more than we can mentally handle. Many of us spend our days walking around campus mumbling about calculus and the rules of chemistry. Before long, we might find ourselves being studied by the psych majors. It is a like a nightmare that we can’t get out of. No matter how many hours we study—whether it be one or twenty—that test grade will seem to be an inevitable “F.” Along with this crash in GPA comes a side of self-loathing. We find ourselves to be incompetent of these newfound college standards. We begin to see that our whole high school careers as promising youngsters were just a joke. But don’t worry. There is a silver lining to this ever-hovering cloud. The fact of the matter is that we all have control over our

own grades. Even if it feels like there isn’t, there is a possibility that you can pass. Think mind over matter. Keep your head up: you are not doomed to fail. I know, I know. I’m just a freshman. Who am I to talk? Let me reassure you, I spent an entire month with a 9 percent in my first AP class. I know the feeling of failure. I ended up with a 90 percent. I have learned some routes to success. Here are my top two. Number one: swallow your pride. Go and ask the professor how you can study better. They know your grade already—there is no shame in showing that you want to improve it. Number two: expect the best out of every test. I know. What a rhyme. But, the truth is that if you go through college expecting yourself to fail every test, you will lose your urge to study, to talk to a professor about your grade, or even attempt to pass. If you actually work hard to pass every test, those grades will start going up. Just learn the format and trust yourself. You can do it. So stick your chin up and look that next test in the eye. Even if you fail, remember that it will get better—even if you have to face the occasional nose-dive along the way.

Rolling Rocks with Ruth

BY RUTH DOUGLAS

Ruth Douglas, a senior at Alma College, spent this past summer in Africa where she endured some epic adventures. Here, she continues her story.

Before I go further, let me explain to you my mental reasoning for pursuing this little adventure solo. 1. Its name tells me it’s a “hill” and not a “mountain.” Not that I have ever been through Hiking 101 class, but when one thinks to oneself, “I’m going to hike that hill,” the buddy system doesn’t really pop up as a needed factor to ensure a safe journey. 2. Even if I wanted to go with someone—there was no one to go with. No one at work ever expressed any interest in doing anything but going to the bar. I needed to get out of the house and try to do something fun in this crappy country. There is a road that runs along two sides of the main peak of the hill. Suzie dropped me off when we found a small dirt road that led towards a trail up the hill. Blazing my own trail was not an option in this terrain, so I followed what I figured was a baboon trail; it was clearly marked, but none of the over-hanging trees or thorn bushes had been broken or pushed aside for a creature taller than three feet to pass. My head, shoulders, arms, and legs brushed against every possible thorn or pokey stick along the way, and my pants absorbed burrs like a sponge. I was almost to the top when, during one of my far too frequent stops to catch my breath, I heard someone. I stood up and my eyes met with those of a man walking by holding a book. “Hello,” I said. “Hello,” he replied. I paused to see if there was to be any further polite interaction needed, but he kept on his way, so I kept on mine. I finally reached the top—or, a top. There were many peaks to this “hill,” and I was on the highest one I could see on this side of the range. It was beautiful. The city I so longed to leave

actually took on a beautiful haze. It was just past noon and, despite sitting in the noonday sun, I welcomed the warm rays and rested, sprawled out on my perch above the world. This hill was on steroids, but I had hiked it anyway. I ate the orange and the granola bar I had brought with me as a snack, knowing Suzie was preparing a wonderful lunch for us when I got back. Alright, well, I was told the top would require an hour to summit, and I knew I was still far from the peak that the city people point to and call “Kgale Hill,” and it had taken me almost an hour and a half to get where I was. I had been walking to work (and I ran most days after work) so I knew I wasn’t in terrible shape, but being entirely ignorant of the geology of these hills, I must have just taken the long way up. There must be a shorter way down. I was also keen on seeing more of what these people call hills. I climbed down off my perch and headed in the other direction, determined to find a shorter way down. I began to gradually descend, climbing over rocks, using trees for balance. Then I found what I thought might be a way down. I looked down and I could see the dirt road where Suzie had dropped me off and the beginnings of the shopping center that sat in front of Kgale Hill. There must be a way down if I went this way. I stood above a rock that would slide me down to the next rocks below and peered down. Were those children below? No, definitely not. They were baboons. I thought to myself, “I hope that, by the time I’m down there, they have found another place to be a nuisance.” But, first things first: I had to get down there. This side of the hill did not look anything like the side I came up. I looked back up the rock I had just slid down. There was no way to go back up it. *Check back next week for the next installment!*

To hip or not to hip

BY LISA FOLKMIRE
STAFF WRITER

They came to this world in cardigans. Walk through any java house, underground record store, or Urban Outfitters, and you will find one. They are best known for their love of originality and “thrifting.” The hipster population is on the rise and, as such, the definition seems to be faltering. They live their lives in attempts to separate themselves from society. They practice scoffing at the common Ugg wearer every morning before heading to their favorite locally-owned coffee houses. And forget about fake Converse shoes. That’s right. Legit. The common hipster record player consists of albums from bands rarely heard on the radio such as City in Color, Death Cab for Cutie, Mumford and Sons,

Never Shout Never, Frightened Rabbit, The Script, The Beatles, and Young the Giant. One of the well-known definitions of hipster is one who refuses to conform to society; they insist that what the general population likes is beneath them. The hipster way of life becomes imitated by hundreds of liberal arts college-goers every year. Now, don’t get me wrong. Like everyone else, I share an appreciation for their American Apparel sweater collections and classy eyewear. But as it becomes increasingly prevalent, the hipster lifestyle is becoming more of a fad. Am I the only one who sees the contradiction here? As plastic lenses become clearance-priced at Lens Crafters and cigarette pants become buy-one-get-one-free, the hipster style has become attainable for the general population. On one

hand, we are finally leaving the life of Hollister and Abercrombie. On the other hand, we are stealing the hipsters’ “swagger.” Or whatever they call it. So what is happening to the hipster population? How can we tell the true hipsters from the posers? Since we have changed their lifestyle into a fad, thus removing all reasons for their existence, are they even existent? Personally, I find the hipsters to be a dying breed. The deeper into the year we get, the more scarce the real hipsters are. Society is morphing around the lifestyle of the hipsters, thus crushing their possibilities of making it through to the next decade. Maybe it’s a time to take off the beanies, walk out of the nameless record store, and ditch the Converse. Wait. Scratch that. Keep the Converse. Those will always be in style. This is the least we can do

to be respectful to these people. They have worked hard to create their own culture separate from our own. They have spent years putting together a perfect mix of classy and offbeat, all while living in the inner workings of various trendsetter cities across the U.S. So why should we take that away from them? My point is, let the real

hipsters have their space—even if that cardigan is 70-percent-off. Give them hope for the next decade. Stop trying to be just like them—it only makes them angry. Besides, there is still one thing that we can take from their culture. We should aspire not to be like others, but more like ourselves. Or, is it that they have a beautiful taste in music? Whichever.

Dr. Pepper ad targets men, angers some

BY ISRAEL PACHECO SANTOS
STAFF WRITER

According to the new Dr. Pepper 10 commercial, men punch giant snakes with their fists, jump off cliffs into waiting ATVs, shoot machine guns, and do not drink diet sodas. The commercial uses the angle that men deter from drinking diet drinks; therefore, Dr. Pepper 10 is marketed as a manly diet drink which is not intended for women. This is the ideology behind the new Dr. Pepper 10 slogan, which reads, "It's not for women." To appeal to men and unconsciously revive the idea of male identity based on butch bravado, this drink will be wrapped in gunmetal grey and distributed as an exclusive manly drink. Though there is such a thing as diet Dr. Pepper, its commercials are more female-friendly and invite the masses to consume

their products. Dr. Pepper 10 is different because its publicity is aimed towards men and only men. By alienating women, Dr. Pepper assumes responsibility for brewing sexist responses which assert that male identity is as shallow as needing a manly drink to reassure male potency. The argument that Dr. Pepper 10 is not being exclusive to men is moot.

A popular belief amongst men is that their masculinity is always being challenged and, because of our advancing society—which allows women to become more and more autonomous—there seems to be a lack of need for “manly” men.

-On insecurity

The spokesman in the commercial states, "Hey ladies. Enjoying the film? Of course not. Because this is our movie, and this is our soda." He continues, "You can keep the romantic comedies and lady drinks. We're good." The commercial further segregates the unity between the sexes by encouraging the belief that females are creatures of fragility, while men are tough and emotionless. By appealing to such old-aged notions, Dr. Pepper has created an ad campaign that both degrades men and women, and also insinuates that our society is regressing on the topic of gender equality. To worsen Dr. Pepper 10's reputation, this product's Facebook page has an application that denies women access to the contents of the page. Once the viewer accesses the page, he realizes that the contents of the page adhere to hyper-masculine beliefs in order to promote the "ideal man." For instance, the application features a "man quiz" to help

determine if you are being manly enough. Also, there is a shooting gallery where you may shoot female items, such as a pair of high heels and lipstick. Presumably, these features were created to help the viewer become a better man and assert his masculinity by playing on the internet. To be fair, Dr. Pepper 10's intention was to appeal to the male belief of diet drinks being for women. A popular belief amongst men is that their masculinity is always being challenged and, because of our advancing society—which allows women to become more and more autonomous—there seems to be a lack of need for "manly" men. As a result, anything diet—or anything else that has the potential to put our masculinity into question—is quickly written off as something that men will not partake of. Consequently, the ad attempts to allure those men who are secretly counting calories

but believe that diet drinks make them look like sissies. Overall, this campaign is appealing towards the primitive man that resides within all men.

Though it may be offensive and disgraceful towards our society's image, the truth is that Dr. Pepper is appealing to a popular social belief.

-On marketing

Though it may be offensive and disgraceful towards our society's image, the truth is that Dr. Pepper is appealing to a popular social belief. It is our responsibility to have a negative response towards ads like these in order to prevent more of them of being produced.

Following the beat with Ben King: gossip girl

BY BEN KING
BEAT WRITER

There is a lot of negativity surrounding gossip. In Christian, Muslim and Jewish texts, many are warned against gossip. The Hebrew phrase "lashon hara" literally means "evil tongue". While I very rarely partake in gossip, I find it very difficult to avoid tuning into what I so fondly call "The Devil's Radio". There is something exhilarating in knowing a secret about another person's life. Oftentimes it may feel as if one has the upper hand or an advantage over another, due to the fact that one has heard a rumor. However, it is vital to remember that typically gossip is just rumor and therefore false. According to my sixteen year old little sister gossip has two purposes.

"Gossip can be used for making someone mad or hurt; gossip can also be innocent and fun," she said. Certainly, it seems that there is a big difference between maliciously spreading slander and telling an innocent rumor. However, this is most definitely not the case. One silly little rumor can be just a detrimental to a person's reputation as a very

There is something exhilarating in knowing a secret about another person's life. Often times it may feel as if one has the upper hand or an advantage over another, due to the fact that one has heard a rumor.

-On gossip

negative one. If someone tells one rumor then somebody else might start a rumor about that person; suggesting that he or she is a rumor starter. Where would it stop? It seems that one could potentially find themselves in a continuum of rumor in a sort of Twilight Zone-esque rumor nightmare. There are many reasons why people gossip. Sometimes individuals will spread rumors because they are unable to confront those they have issues with. Unfortunately, individuals also use gossip to spread malicious and hurtful rumors. While, talking about other people can be a fun way to socialize. Gossip, really can be quiet deadly. Sadly, it can also be pathetic. On occasion individuals will make up rumors about others just to gain approval from others. There are so many ways to gain the approval of one's peers. Every week I like to sit down and write the most amazing articles in the

whole wide world. I am pretty sure that this wins approval and most certainly the respect of my peers. I also feel that is slightly cowardly to passive aggressively spread rumors about those that one has issues with. While, it probably is not the best method I always like to directly confront those I have issues with. Typically, this method allows a person to get the issue right out on the table. This way both parties can deal with the issue in a mature and reasonable way. When talking about someone the best policy is typically to tell the truth. It is also important to have the facts straight when talking about another, be certain to know if something is really true. While it may be hard, I also like to only say statements about other people that I would be comfortable saying in front of him or her. So, try and remember the next time you are thinking about gossiping that someone might

When talking about someone the best policy is typically to tell the truth. It is also important to have the facts straight when talking about another, be certain to know if something is really true.

-On stepping lightly

be gossiping about you. There is no doubt that gossiping can be a whole lot of fun. However, it is sort of like boxing, while I have always enjoyed boxing I do not do it when it is not appropriate because it can really hurt someone, just like gossiping.

the Almanian.

"ALMA COLLEGE'S STUDENT-RUN NEWSPAPER, SERVING THE CAMPUS COMMUNITY SINCE 1907.

LETTER POLICY:

Letters are published as layout space allows. Submission of a letter does not guarantee publication. The Almanian reserves the right to condense letters for layout purposes. Deadline for publication is 5 p.m. the Friday before requested publication. Email letters to the editor to castane-daizdm@alma.edu or address letters to:

The Almanian
Alma College

614 W. Superior St. Alma, MI, 48801

STAFF EDITORIAL POLICY:

Opinions expressed in editorials without bylines reflect the views of The Almanian editorial staff. They in no way reflect the views of the entire Alma College community.

Maria Castaneda
Angela Flynn
Joshua Zeidler
Mason Warling
Taryn Handyside
Seth Faulk
Allison Zink
Jeff Aldridge
Kayla Roy
Elaine Cunningham
Devin Brines
Ben King
Josh Spratt
Erin Stone
Jane Engel
Lauren Andalora
Kelsey Blades
Lisa Folkwired
Israel Pacheco-Santos
Ryan Herzog
Jessica Page
Ken Tabackso
William Gorton

Editor-In-Chief
News Editor
Feature Editor
Opinion Editor
Sports Editor
Copy Editor
Copy Editor
Web Editor
Photo Editor
Photographer
Photographer
Opinion Beat
Staff Writer
Staff Writer
Staff Writer
Staff Writer
Staff Writer
Staff Writer
Business Mgr
Faculty Advisor
Faculty Advisor

STATEMENT OF PURPOSE:

The Almanian is a newspaper published not only for the students at this institution, not just for the faculty on campus, and not solely for the administrators who work for Alma, but for all people interested in Alma College and the lives it touches. The writers, editors, publishers, and distributors of this newspaper are dedicated to producing an interesting, accurate, timely, fun, and error free newspaper on a weekly basis in order to inform and educate the people for whom it is intended about the culture and nature of Alma College.

PUBLICATION:

The Almanian is distributed to Almost College's campus on Monday morning and is sent to subscribers the following day. The paper is published weekly with the exception of academic recesses.

ADVERTISING:

Ad sales managed by the business manager. Contact Jessica Page at page1jm@alma.edu for more information.

Scot's football squad defeated by Trine on homecoming, 26-0

By **JASON POPIEL**
STAFF WRITER

The Alma football team failed to send this season's largest crowd home happy last Saturday as it fell to the Trine Thunder, 26-0. The homecoming loss at Bahlke Field dropped the Scots to 1-6 on the season, and 0-3 in the MIAA.

The Thunder dominated in virtually every facet of the game, dominating both sides of the ball and limiting the Scots to just 212 yards of total offense. The Thunder gained 349 yards of total offense while relying mostly on the run game.

The Scots will look to improve their record as they travel west to take on Kalamazoo College next Saturday at Western Michigan's Waldo Stadium. The game will be a 7:30 pm start and a rare "under the lights" opportunity for the team.

The Alma defense showed some promise throughout the game, but it was the lack of clutch plays that ultimately spelled doom for the Maroon and Creme.

Trine drove down the field using their effective running attack, and they didn't let up once they got closer to the score. Senior linebacker **Conrad Bovee ('12)** led the way for Alma, contributing seven solo tackles and twelve assists for a total of nineteen tackles.

"We didn't tighten up in the red zone enough, and that made all the difference," said cornerback **Andrew Funsch ('13)**. "We simply won't be able to win any games if we don't improve the way we are playing in the red zone with the opponent trying to get into the endzone."

The Scots' high-powered shotgun offense was tamed by the Thunder defense as they were kept out of the endzone for the first time this season. Running back **Ed Mason ('13)**, who earlier this year set an Alma record for single-game rushing yardage, was limited to only 23 yards from scrimmage on eight carries. Quarterback **Jarrett Leister ('14)** completed eleven of 37 passing attempts for 156 yards through the air.

Leister's most frequent target throughout the day was wide receiver **Ricky Roth ('14)**, who notched five catches for 56 yards. The offense experienced a let-up in the impressive numbers that they have recorded up to this point.

"We had many opportunities in good field position that we could have easily succeeded in," said offensive tackle **Adam Walsh ('14)**. "Coming out in the first quarter and setting the tone and not waiting until the second half will allow us to settle into the pace that we are used to from practice and earlier games," Walsh said.

The Homecoming loss comes at a difficult point in the season for the Scots.



Devin Brines: Staff Photographer

Austin McClelland ('14) has played in three games for the Scots this year and started in two of them.

With a record standing at 1-6 and 0-3 in the conference, Alma is essentially eliminated from a league championship and post-season play. The three remaining games will be a true measure of both how hard the team is willing

to play, and how much the team wants to potentially ruin the undefeated season of rival Adrian.

"Not being able to beat Trine in front of a big home crowd is very disappointing," said Funsch. "Beating Adrian would

be a huge motivator because they are currently the league leader and it would be great to be the team that knocks them out of the championship race," said Funsch. "That remains a very positive motivator for us."

Spotlight: Helm is named MIAA Runner of the Week

By **JASON POPIEL**
STAFF WRITER

Women's cross-country's **Julie Helm ('13)** has overcome a season full of hardship and adversity and was named the MIAA's Runner of the Week on October 3.

Helm ran a time of 19:16 last weekend at Michigan State's Lansing Invitational.

The race was Helm's second since she recovered from a nasty bout of mononucleosis that kept her sidelined for most of the first month of the season.

Helm is the first female Alma runner to be named the Runner of the Week so far this year.

Julie put in the offseason effort that was necessary to be one of the league's best runners. Coach Gordon Aldrich and his staff utilize an intense training philosophy that revolves around long distance training paired with repetition.

"A lot of my success has come from training hard over the summer and having inspirational coaches," Helm said.

"They tell me exactly what I have to do in order to reach my full potential."

Helm is second on Alma's all-time list in the 6000 meters,

almost a minute and a half away from graduated senior **Kellee Lemcke's ('11)** top time of 22:18.10, but feels good about her chances of taking over the top spot. Despite the individuality of a sport such as cross-country, Julie has high hopes for her team, as well as herself.

"Obviously, I would like to be a big competitor in our conference and regional meets, but the main goal is for our women's team to be competing for a spot to the National Championship Meet," said Helm. "We are trying to motivate each other to be better."

The Cross-country coaches Aldrich and Chovenac have been working with Helm to nurture the skills that she has already mastered and to work on the areas that need improvement. Helm says that she has seen her performance improve after adapting to the training system.

"Throughout the past year, I've been doing everything the coaches tell me, so I've really worked on what I need

"Everyone on the team gets along great, and naturally we all push each other to do our best."

-Julie Helm ('13)

to improve on," said Helm.

"My strength and my endurance are two things I've really noticed an improvement on."

Team camaraderie is one underrated aspect of cross-country. The sport is no doubt individually based, but members of the team use each other on a daily basis to get better.

Whether it is an encouraging word or just a bit of friendly advice, the runners are a tight-knit group who enjoy being around one another and helping each other succeed.

"Everyone on the team gets along great, and naturally we all push each other to do our best," Helm said.

Helm has been successful in the classroom as well as on the cross course, as she was listed on the honor roll for last year's winter semester.

Helm is an art major that hopes to use her skills to design and illustrate books and advertisements that



Kayla Roy: Staff Photographer

Julie Helm ('13) is the first female Alma athlete to be named the MIAA Runner of the Week so far this year.

are appealing to children.

"I've always had a soft spot for children, and I'd like to use my talents to appeal to them," said Helm.

On the track or in the classroom, Helm has shown that

she can push forth the effort that is necessary to succeed.

Students can come out and support the cross-country team when they compete at home on October 29 in the MIAA Championships.

Women's soccer defeats Calvin and St. Mary's for second place

By JOSH SPRATT
STAFF WRITER

shots in the first 45 minutes but failed to score, due in part to good goal-keeping by Calvin.

On defense for Alma, **Monica Witt ('12)** had two saves in the first half and six over all for the game.

Coming out after the half-time break, Alma picked up the tempo of the game and forced the issue on offense.

The first goal of the game came in the 47th minute of play as **Reising** and **Elaine Cunningham ('13)** led the scoring attack.

Cunningham made a long down-field pass to Reising, who then took the ball another thirty yards by herself. Reising shot and connected with the net, going upper 90 over the head of Calvin's goalkeeper to light up the scoreboard for the Scots.

"Calvin is always a solid opponent, so we always have to bring our best when we go up against them," said Reising. "One of our biggest ideas for this game was to come out hard and put them on their heels fast.

We also knew that Calvin is a force in the air, especially in the box. We thought that if we won balls in the air and won our own person battles within the box that we would pull out a win," she said. "It basically came down to who wanted it more."



Devin Brines: Staff Photographer

Carly Reising ('11) scored two goals in the game against Calvin and one against St. Mary's last weekend. The Scots are now in second place in the MIAA.

Reising scored again in the 69th minute after her shot was deflected by the goalie into the net.

The Alma team took 22 shots during the game, eight of which were on goal.

Offensive leaders for the Scots were Reising with four shots on goal, **McKenzie**

Smith ('15) with three and **Brittany Dulyea ('13)** with one.

Last Saturday the team had another home game, this time against Saint Mary's College.

The Scots were again victorious, winning by a final score of 2-1.

This win put the Scots at 8-2-1 in the MIAA.

In the 39th minute Cunningham scored, assisted by Reising. The second goal for the Scots came in the 57th minute, when **Autumn Root ('14)** hit a shot that deflected off of Reising.

Annette Stromberg ('12) and Root were both credited with assists for the last goal of the game.

Volleyball wins conference matchup against Albion for a 15-7 overall record

By JOSH SPRATT
STAFF WRITER

The Alma College volleyball team took on conference rival Albion last Wednesday night and won in straight sets. The team put on quite a show for the large crowd at Art Smith Arena, soundly defeating the Brits 25-11, 25-13, 25-14.

After the win, the team now stands at an 8-4 record in MIAA play and 15-7 overall for the season.

The Alma team was able to showcase its depth as 15 players saw court time in the win.

"I think we played great last night. Our point lead and style of play allowed for a lot of people on the team to get some playing time, so it was a true team win. It felt great to control the tempo of the game and practice some of our more complex plays," said **Shelby Gray ('12)**.

This was the second matchup against Albion this season for the team. The last time the two teams faced off, Alma also won in straight

sets 25-14, 29-27, 25-19.

"We definitely have an issue sometimes of underestimating teams and coming out with a lack of focus against weaker teams," said **Erika VanHavel ('14)**. "Our goal going into this game was to create our own energy and just have fun playing. We play our best when we are having fun.

We also made it a goal to get everyone into the game, which wouldn't have been possible if we didn't play well," said VanHavel. "I'm glad we got all of our girls in the game to play. It made the game even more fun."

Gray led the relentless offense for Alma, totaling twelve kills during the night.

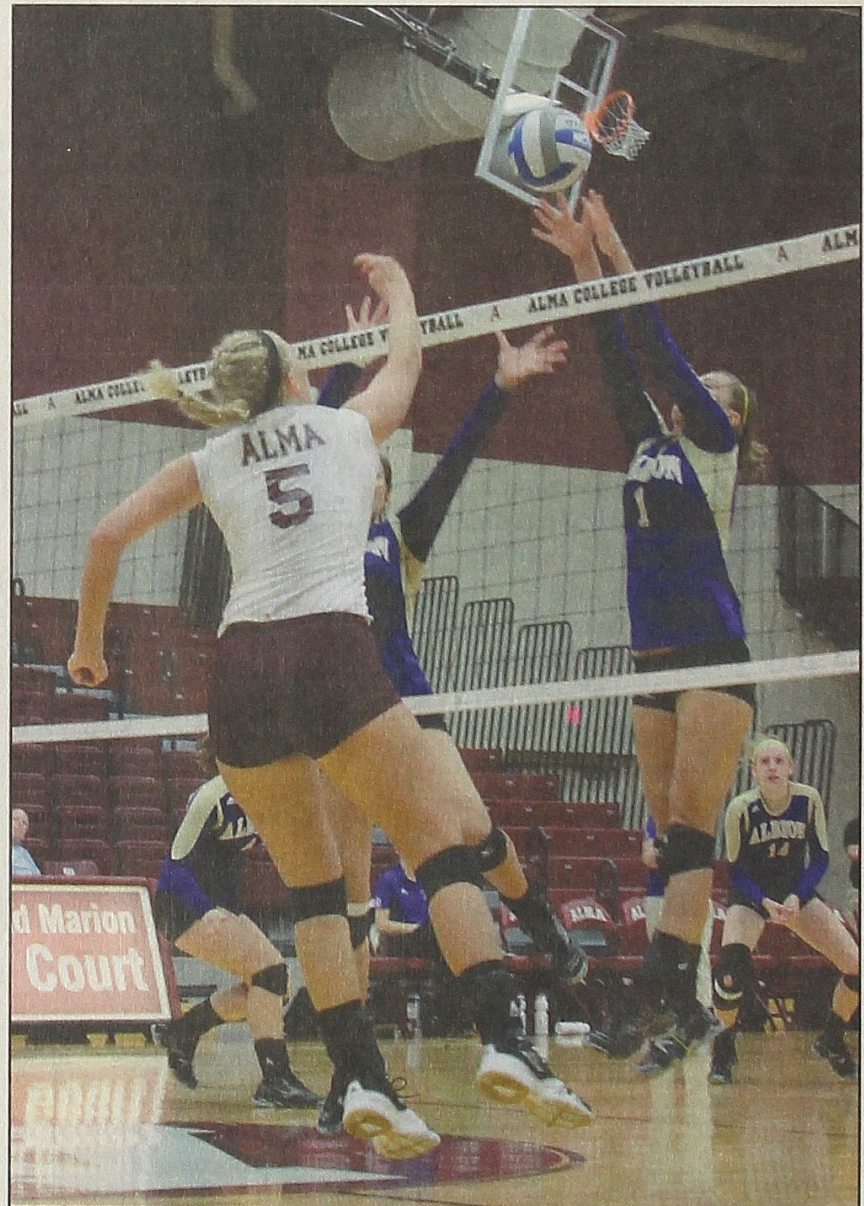
Nine other players also contributed in this category. **Lea Klooster ('14)** put up nine and **Kelly Maise ('14)** had five.

In assists, VanHavel had a team high of 25, and **Kelsee Miles ('13)** finished next with thirteen.

Defensively, **Erica Adams ('12)** led Alma with digs, while Maise contributed eleven.

"Some of our goals going into the match were to control the tempo of the match, over-communicate and have fun," said Gray. "I think we accomplished these, and the whole team felt great about the win.

We also really liked the work S.A.A.C. did with the sports crawl and alcohol awareness," she said. "The serving games with the drunk goggles between the second and third sets were great, and we also enjoyed doing the interlude with the



Elaine Cunningham: Staff Photographer

Erika Vanhavel ('14) had a team high of 25 assists in the Scot's convincing victory against Albion last Wednesday.

crowd. It was a great night."

Last Friday, the team traveled to Grand Rapids for the Midwest Challenge tournament at Calvin College. They played ranked opponent Carthage College and were defeated 25-19, 25-16, 25-15.

The team then pulled

out a close, nail-biting victory against Millikin University in their second match of the tournament 25-20, 13-25, 18-25, 25-23, 15-11.

The next game for the Scots is this Tuesday, October 18. It is Senior Night, and the match is scheduled for 7:00 pm.

Staying on
top of the
game:
This week
in sports

Women's Soccer:
Thursday vs. Trine
at HOME 4 p.m.

Volleyball:
Tuesday vs. St. Mary's
at HOME 7 p.m.
Friday vs.
Kalamazoo College
at Kalamazoo 6:30
p.m.
Saturday vs. Calvin
at HOME 1 p.m.

The Tanner

103 W. Superior Street

989-463-9063

Hours

Mon- Fri: 8 am- 8 pm

Saturday: 9 am- 5 pm

Sunday: 12 pm- 4 pm



30 Day Consecutive Tan For \$30.00